

2019

ANNUAL REPORT



KULCZYK
FOUNDATION



Siblings – Dominika and Sebastian Kulczyk

“ The world belongs to the rebellious who have the courage to leap into the unknown and develop wings along the way. ”

Jan Kulczyk

All over the world, people are suffering from overwhelming social problems that destroy entire families, societies and countries. They desperately need support, but this help must be thoughtful and accompanied by knowledge and education. At the Kulczyk Foundation we believe that assistance like this makes it possible to introduce lasting, positive change. It helps those who benefit from it to believe in their own strength, regaining dignity and self-respect. With wise and patient help, those in need can free themselves from injustice, discrimination and violence to enjoy a dignified life.

This is the kind of assistance that the Kulczyk Foundation provides, supporting partner organisations across the globe. The people in need whose lives we have changed for the better number over 600,000. We have reached 63 countries on 6 continents. In 2019 alone, the Foundation carried out 62 aid projects around the world.

However, we are constantly raising the bar because we know how huge the needs are. We promise to keep working and develop a network of wise help around the world. Now more than ever, fate is showing us how interconnected we are.

If we can be there for each other to the greatest possible extent – we will be triumphant. Always!

Dominika Kulczyk

President of the Management Board
Kulczyk Foundation

Mission

We were created to effectively solve social problems, improving the quality of human life.

Vision

Providing assistance should be a fully professional activity, as effective and efficient as possible, while maintaining all the values that unite people.

Strategy

We help other organisations better support those in need through transferring best practices from the world of business to the world of philanthropy.

STRUCTURE

Kulczyk Foundation

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Date of entry in the Register of Associations: 24th July 2013
Date of entry in the Register of Entrepreneurs: 23rd June 2015

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Waldemar Dąbrowski
Janusz Reiter
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Katarzyna Alińska – Communications Department Director
Michał Grobelny – PR Coordinator
Mateusz Kamil Roszak – Marketing and ePR Coordinator

Administration Department:

Karolina Dusio – Administration Department Director
Agnieszka Szewczyk – Administration Specialist
Paweł Szymkowiak – Data Protection Officer
Zofia Jankowska – Domino Effect Workshop Assistant

Management Office:

Dominika Majchrzak – President of the Management Board Office Director

MAP OF KULCZYK FOUNDATION *projects*

Africa:

1. Benin
2. Chad
3. Eswatini
4. Ethiopia
5. Ghana
6. Kenya
7. Liberia
8. Lesotho
9. Madagascar
10. Malawi
11. Niger
12. Nigeria
13. Namibia
14. Central African Republic
15. Rwanda
16. Senegal
17. Sierra Leone
18. Somalia
19. Sudan
20. South Sudan
21. Tanzania
22. Togo
23. Uganda
24. Zambia

Asia:

33. Afghanistan
34. Bangladesh
35. Philippines
36. India
37. Indonesia
38. Iraq
39. Israel
40. Yemen
41. Jordan
42. Cambodia
43. Kyrgyzstan
44. Laos
45. Lebanon
46. Malaysia
47. Nepal
48. Sri Lanka
49. Syria
50. Thailand
51. Timor-Leste
52. Vietnam

South America:

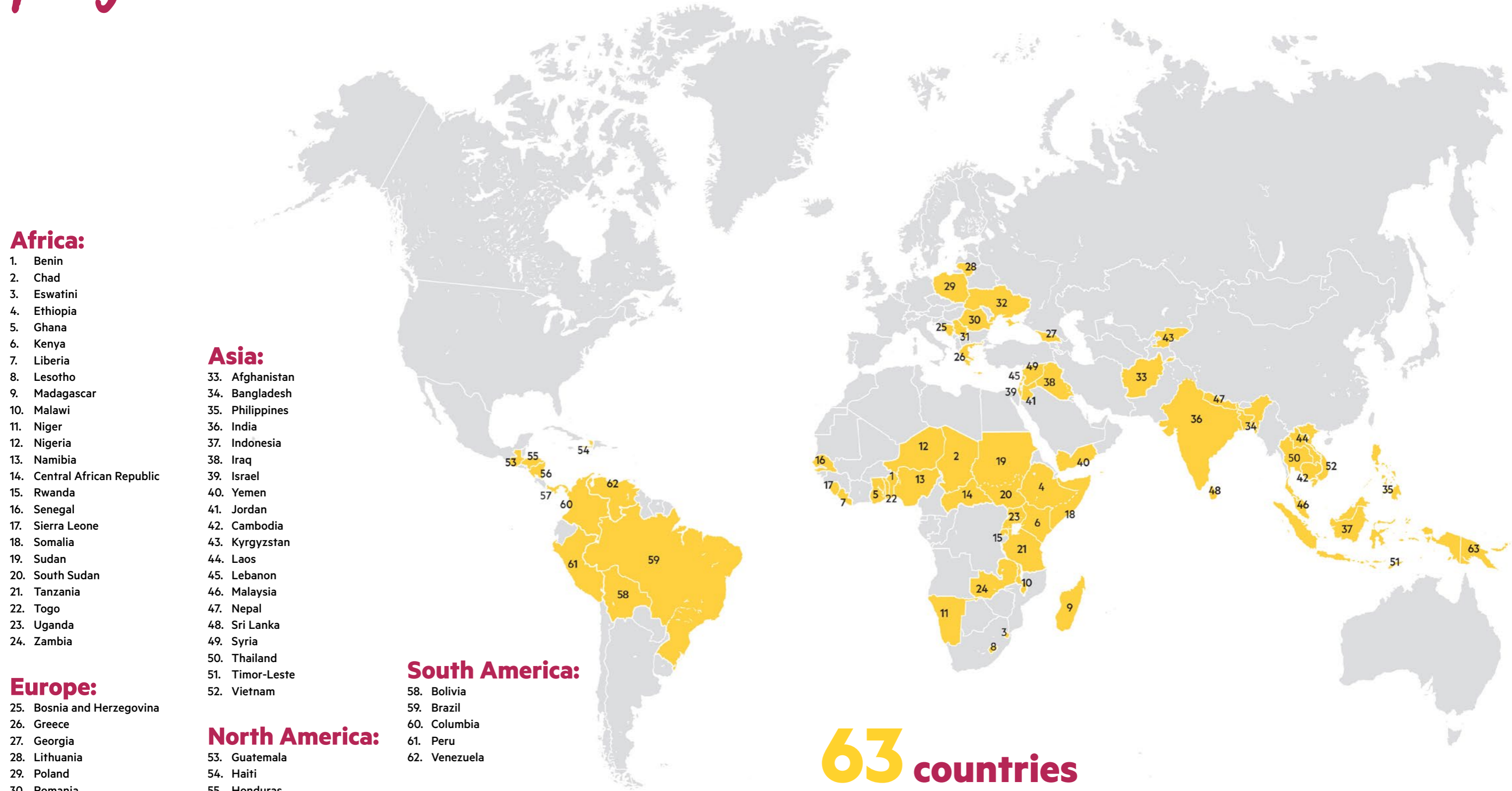
58. Bolivia
59. Brazil
60. Columbia
61. Peru
62. Venezuela

North America:

53. Guatemala
54. Haiti
55. Honduras
56. Nikaragua
57. Panama

Oceania:

63. Papua New Guinea



63 countries
on 6 continents

over **600 000** beneficiaries
of international projects in 63 countries,
on 6 continents

52 episodes of the
documentary
“Domino Effect” series produced

3 reports published
from the “CNN Freedom Project” series produced
in cooperation with the Kulczyk Foundation

64 organisations from Poland
and all over the world
involved in the production of the “Domino Effect”
series and the “CNN Freedom Project” reports

approximately **15 000**
users of Kulczyk Foundation educational
materials

approximately **12 500**
teachers involved in our projects

over **300 000** students
aged 3 to 15 participating in lessons based
on Kulczyk Foundation educational materials

100 000 lessons completed
based on
Kulczyk Foundation educational materials

450+ children
and young people participating in prevention
workshops in the Domino Effect Workshop

357 establishments
participating in the Yellow Plate Programme

15 000 children
benefiting from the Yellow Plate Programme

We carry out aid projects every year. We support local charitable organisations around the world, whose experience and knowledge of their areas guarantee real, positive change. Bringing clever, rational and thoughtful help activates a “Domino Effect”.

Aid projects

“ The Kulczyk Foundation supports the fight against modern slavery on Lake Volta. ”

GHANA

Rescuing children from slavery

The Republic of Ghana is a country in West Africa inhabited by almost 30 million people. Although it has been an independent state since 1957, not all of its inhabitants are free. Women, men and children are falling into the clutches of slavery.

In Ghana, the price for a child slave is only a few dozen dollars. It is estimated that there may be as many as 20,000 children trapped in slavery in the area of Lake Volta. These children are often used for fishing and processing fish. Sometimes children as young as four are forced to work as slaves, and slave owners force them to work several hours a day, beat them for disobedience and give them only one meal a day. Occasionally, these children are also tortured. Some of them die doing tasks beyond their strength.

Since 2003, PACODEP (Partners in Community Development Programme) has already rescued over 800 children. These children can find a home in PACODEP's Village of Life, where the education children receive is amongst the best of local educational institutions. More than 100 children freed by PACODEP now live in the Village of Life.

The Kulczyk Foundation supported this organisation in the fight against modern child slavery on the shores of Lake Volta. So far, we have financed 20 rescue operations, as well as the purchase of a motorboat. The Foundation covers the annual cost of maintenance and rehabilitation of 20 rescued children in the Village of Life. A Senior High School will soon be established there. The Kulczyk Foundation provided funds to complete the first stage of construction of this facility.

INDONESIA

“ This is a place that modern civilisation rarely remembers. Dangerous diseases spread here, of which malaria is probably the most dangerous. ”



Water and medical assistance for the inhabitants of Sumba

Sumba is an Indonesian island which has been isolated from the rest of the world for centuries. As a result of this, its inhabitants have preserved their unique culture, customs and beliefs. It is one of the poorest islands in Indonesia with inadequate access to drinking water and food. Many children there are undernourished. Sumba is also the place where the prevalence of malaria is among the highest in South East Asia. There are regions where one in three mothers have lost at least one child due to malaria.

The Sumba Foundation is fighting to overcome this problem by implementing numerous health, education and water projects on the island, as well as helping to feed the local population. Its activities are closely linked with the attempt to eliminate malaria – the water projects are intended to provide the island's inhabitants with access to clean drinking water, while the health projects primarily constitute research – conducted both in clinics and in the field. Thanks to these projects employees of the Sumba Foundation are able to start treatment of people infected with malaria in the early stages of the disease.

The Kulczyk Foundation supported the Sumba Foundation's malaria project and water projects.

KENYA

“ Here, children regain confidence, break stereotypes and overcome social divisions through dance. ”

Ballet that gives children the strength to fight for their dreams

In Nairobi, the capital of Kenya, rich districts stand adjacent to poor areas such as Kibera, considered by many to be one of the largest slums in the world. The children living in Kibera have very little prospect of escaping the poverty that surrounds them. This is why the activities of local organisation Project Elimu are so important. The Project enables children from the slums of Nairobi to have contact with art and thus provides them with an escape from the difficulties of life in their area. In addition to support in the educational process, Project Elimu also places an emphasis on developing the personalities and creativity of its participants. The founder of the project is Mike Wamaya, a Kenyan dancer and ballet teacher, who was among the 10 finalists nominated for the 2017 Global Teacher Prize.

The Kulczyk Foundation supported Project Elimu by financing the production of a ballet performance in the slums of Nairobi – Voices of Kibera: “When I am dancing, I am free”. It has also funded annual educational scholarships for 120 children participating in the project and supported the development of the artistic activities offered by the organisation. The Foundation also helped develop Project Elimu’s infrastructure, provided educational scholarships for three children from a Maasai village, and financially supported two families from Kibera.



LESOTHO

“ It is said that if a man has only a dollar a day at his disposal, then this is a very difficult situation. In Lesotho, one dollar must be sufficient enough for five people. ”



Aid for orphaned children

Lesotho is a country located in southern Africa. It faces a high rate of HIV/AIDS infection and a level of unemployment that forces people to emigrate. Almost every fifth child in Lesotho is an orphan. Many of them are deprived of any care because more than half of the population of the country lives below the poverty line, and people are reluctant to take care of other people's children.

SOS Children's Villages is a network of organisations established in 1949 in 135 countries around the world to help children. It takes care of the youngest children who have lost their homes and families and are suffering from various forms of social exclusion, including extreme poverty. There are two SOS Children's Villages in Lesotho: one in Quthing and one

in Maser. Both institutions are homes and schools for orphaned and abandoned children as well as children from families who cannot afford education.

The Kulczyk Foundation has supported a fund under which SOS Children's Villages of Lesotho help families looking after orphaned children or those at risk of abandonment. The Kulczyk Foundation's support made it possible for the beneficiaries of this organisation to take part in a wide range of business workshops, thanks to which they were able to prepare themselves to start their own businesses (e.g. their own livestock breeding businesses) and become financially independent.

COLOMBIA – VENEZUELA

“ I came with a suitcase full of delusions, hope and faith. ”

– María, one of the many Venezuelans who had to abandon their homes and come to Colombia.



Fugitives from their own country

Dictatorial governments often bring ruin to their countries. This is what happened in the case of Venezuela, which has been plunged into a deep humanitarian crisis. About 90% of the people there live on the verge of extreme poverty. There is a shortage of food in stores. Many schools and hospitals have closed down.

Currently, the Venezuelan-Colombian border region is seeing the largest migration flow in Latin America. The Simón Bolívar Bridge, which is located there, is being called “the bridge of desperation” by the media. It has become a symbol of the exodus of refugees from Venezuela. In January 2019, when the “Domino Effect” episode was being shot, tens of thousands of people were crossing it every day. Many Venezuelan refugees are headed for the capital of Colombia, Bogotá. Some people end up even further, in Ecuador, Peru and even Chile. Part of the road leads through the mountains. Most people walk on foot because they cannot afford any transport.

Dominika Kulczyk and her team reached Cúcuta, located in the Venezuelan-Colombian borderland – the city through which most refugees from Venezuela pass. There she met with the staff of Comparte por una vida (CPUV), which runs nutrition programmes in schools and hospitals. One of the facilities involved in the child nutrition project is the Colombian school La Frontera, where more than 500 Venezuelan children are educated. Those that are most in need receive support from CPUV, thanks to which a hundred children can eat their lunches at school. This is their basic - often only - meal of the day.

The Kulczyk Foundation has provided financial support to Comparte por una vida for the children’s nutrition programme at a school in the Venezuelan capital, Caracas, and at the La Frontera school in Colombia. It has also supported refugees in Colombia and the Colombians helping them.

NEPAL

“ This is a terrible situation. Thousands of children are being taken to India for dangerous work, to smuggle drugs or to have their organs harvested for transplantation. They are simply being treated as merchandise. ”

Sometimes a great price has to be paid for freedom.

Nepal is located in South Asia, in the central part of the Himalayas. The inhabitants of this country are among the poorest in the world. The state social welfare system is not sufficient to provide security and care for the children living there. The country is also struggling with the problem of human trafficking, which is particularly threatening for girls and women. The open and virtually uncontrolled border between India and Nepal, originally intended to improve bilateral trade and thus contribute to the development of the economy, is often exploited by intermediaries involved in human trafficking.

3 Angels Nepal (3 AN) is an organisation founded by a victim of human trafficking, Rajendra Gautam. The workers of 3 AN deal with rescuing slaves and supporting their rehabilitation, as well as with prevention. One of the activities of the organisation is the creation of a system of checkpoints at the borders, where employees and volunteers of 3 AN try to identify victims of human trafficking. They also make sure that these people do not leave the country and they help those they rescue return to their homes.

The Kulczyk Foundation co-financed the checkpoint system created by 3 AN on the border between Nepal and India, as well as the transport for rescued victims returning to their homes. The Foundation has also supported preventive activities aimed at counteracting modern slavery.



NAMIBIA

“ We deal with bicycles, but it’s all about people. ”

– Moses Musukubili,
volunteer and bicycle
shop owner.



Biking for a better life

Despite Namibia being one of the richest countries in Africa, almost 30% of its population lives below the poverty line. The population density in this country, however, is one of the lowest in the world. The few human settlements are separated by vast distances. Many people cannot afford any means of transport, making it difficult to get to work or to schools and hospitals.

The NGO Bicycling Empowerment Network Namibia (BEN Namibia) is fighting against transport exclusion by promoting cycling. To this end, it has created a network of several dozen shops and service points where locals can buy a bike at an affordable price. Medical workers and those most in need receive them free of charge. Thanks to more than 7,000 bikes from BEN Namibia, more medical staff can reach more patients.

The organisation also focuses on the promotion of bicycles among women and children - such a vehicle can significantly improve their quality of life because for many this is the only means of transport they can afford.

BEN Namibia, in cooperation with partners from all over the world, organises collections of new and used bicycles, which are then transported to Namibia. The used bicycles are refurbished and distributed through a network of shops and service points, and profits from sales are allocated to their maintenance.

The Kulczyk Foundation has helped in the purchase of bicycles for people in need from Swakopmund (Erongo region) and the Zambezi region.

PERU

“ The most moving thing in the history of this place is that problems that adults cannot deal with are being solved by children. The INFANT organisation is teaching them how to do this. It is showing them what they can do. ”



Children who are taking matters into their own hands

The Amazon jungle covers more than half of Peru. The world's largest city with no land road access is located here. It is called Iquitos and has 400,000 inhabitants. The only way to get there is by plane or boat.

The poorest part of Iquitos, the Belén district, is flooded for almost 6 months every year by waters from the Amazon river basin. This phenomenon causes a lot of problems for the local community, such as drowning and disease related to drinking water pollution. It's a huge challenge for the residents as people in Belén live in very poor sanitary conditions. Due to the lack of a sewage system, they discharge waste directly into the river, where they then wash themselves, wash their clothes and even wash dishes.

In an episode of "Domino Effect" that shows what life is like in Belén, Dominika Kulczyk met with representatives of INFANT (Instituto de Formación de Adolescentes y Niños Trabajadores), a Peruvian NGO founded in 1999 with children in mind. The creators of INFANT emphasise that children play an active role in shaping and developing society. For this reason, the organisation involves its pupils in management and decision-making process-

es. At the same time, it inspires them to solve their problems by themselves and to help each other.

In Iquitos, INFANT employees support children in projects aimed at changing the reality around them. These include the "Children to the Rescue" project, which includes patrolling the places inhabited by the youngest children who can't swim and intervening if need be. The organisation also provides swimming lessons for the youngest children. Thanks to these initiatives, no child has drowned in Belén since 2017. Previously, according to INFANT estimates, there were 12 drownings per year in Iquitos. The organisation's beneficiaries also take action to combat the use of physical and mental punishment against children and are involved in a number of environmental activities related to, among others, river cleaning.

The Kulczyk Foundation has supported the "Children to the Rescue" project, helping INFANT to continue saving the lives of the youngest inhabitants of Belén. The Foundation has also financed the construction of a new centre for the organisation's beneficiaries in Iquitos, as well as providing it with funds for initiatives against domestic violence.

“ The situation of the Rohingya refugees living in Cox’s Bazar can be described as a huge humanitarian crisis. ”

– Dr. Iffikher Mahmood, founder and president of the HOPE Foundation.

BANGLADESH



We are helping the Rohingya – refugees from Myanmar

The Rohingya are a Muslim ethnic minority which has been persecuted in Myanmar (formerly Burma) for decades. Fleeing from the Burmese army, about a million Rohingya people have taken refuge in the Cox’s Bazar region of southern Bangladesh. The largest refugee camp in the world has been built there. Since the beginning of the humanitarian crisis in Bangladesh, the Rohingya have been supported by the HOPE Foundation for Women & Children of Bangladesh. The Foundation has helped thousands of patients by creating a system of assistance including a hospital, clinics and medical transport. The Kulczyk Foundation has supported a project implemented by the HOPE Foundation which aims to improve access to mental health and psychological support services, with particular emphasis on women and children living in Bangladesh, including the Rohingya community.

Bangladesh also has a serious problem with human trafficking. Organised criminal networks are benefiting from the demand for cheap labour in Asian countries. As a result, a significant number of women and girls from Bangladesh are victims of sexual trafficking. The Kulczyk Foundation has supported the Bangladesh National Woman’s Lawyers Association (BNWLA) in carrying out a project aimed at protecting and rehabilitating victims of human trafficking as well as those who are vulnerable to sexual exploitation in Bangladesh.

“ 100,000 children condemned to daily slave labour, humiliation, beatings and hunger. Illegal Koranic schools exploit their students, forced to beg in the streets.”

SENEGAL



Aid for students of illegal Koranic schools in Senegal

Over 95% of Senegal's citizens are Muslims whose religion requires the teaching of the Koran. A common practice is to send children to Koranic schools (daaras), where students (talibés) are to acquire the required religious knowledge.

Many of the approximately 100,000 or so boys attending religious schools in Senegal are condemned to terrible living conditions every day. They are forced to beg in the streets to buy food for themselves, and very often also money for their Koran teachers (marabouts). These boys are punished if they do not collect the amount required by their teacher.

Maison de la Gare is a non-governmental organisation founded in 2007 and operating in the Senegalese city of Saint-Louis. It works to support the talibés, both those who beg for food or money every day between lessons and those who have fled their schools and live on the street. The organisation's mission is to help children forced to beg and those being exploited by their teachers. Thanks to the Maison de la Gare, children have access to professional training (e.g. in tailoring) and to sports and artistic activities (e.g. football, karate). They also receive the necessary medical and psychological assistance, as well as material support: clothes, shoes and food.

The Kulczyk Foundation supports the activities of the Maison de la Gare helping children forced to beg.



ŻÓŁTY TALERZ

Aid Projects



ŻÓŁTY TALERZ



III edition of the Yellow Plate programme

The third edition of the Yellow Plate programme was a historical one – its budget was PLN 10 million. The programme was attended by 18,000 children from 357 institutions from all over the country and we distributed more than 2.5 million nutritious meals.

The Yellow Plate programme is part of the child nutrition activity carried out by the Kulczyk Foundation since 2016. In August 2019 we completed the third edition of the programme which we worked on with a number of Poland's largest NGOs including:

- Diocesan Caritas,
- the Polish Red Cross,
- SOS Children's Villages,
- the Friends of Children Society (Towarzystwo Przyjaciół Dzieci),

alongside school and preschool institutions.

A very important element of the programme, apart from the financing of the meals, was the provision of nutritional education. We have carried out a number of activities aimed at increasing nutritional awareness among children and adults. Experts from the Faculty of Human Nutrition and Consumer Sciences in Warsaw helped us achieve this goal. As in previous years, the Warsaw University of Life Sciences has remained a significant partner of the programme.



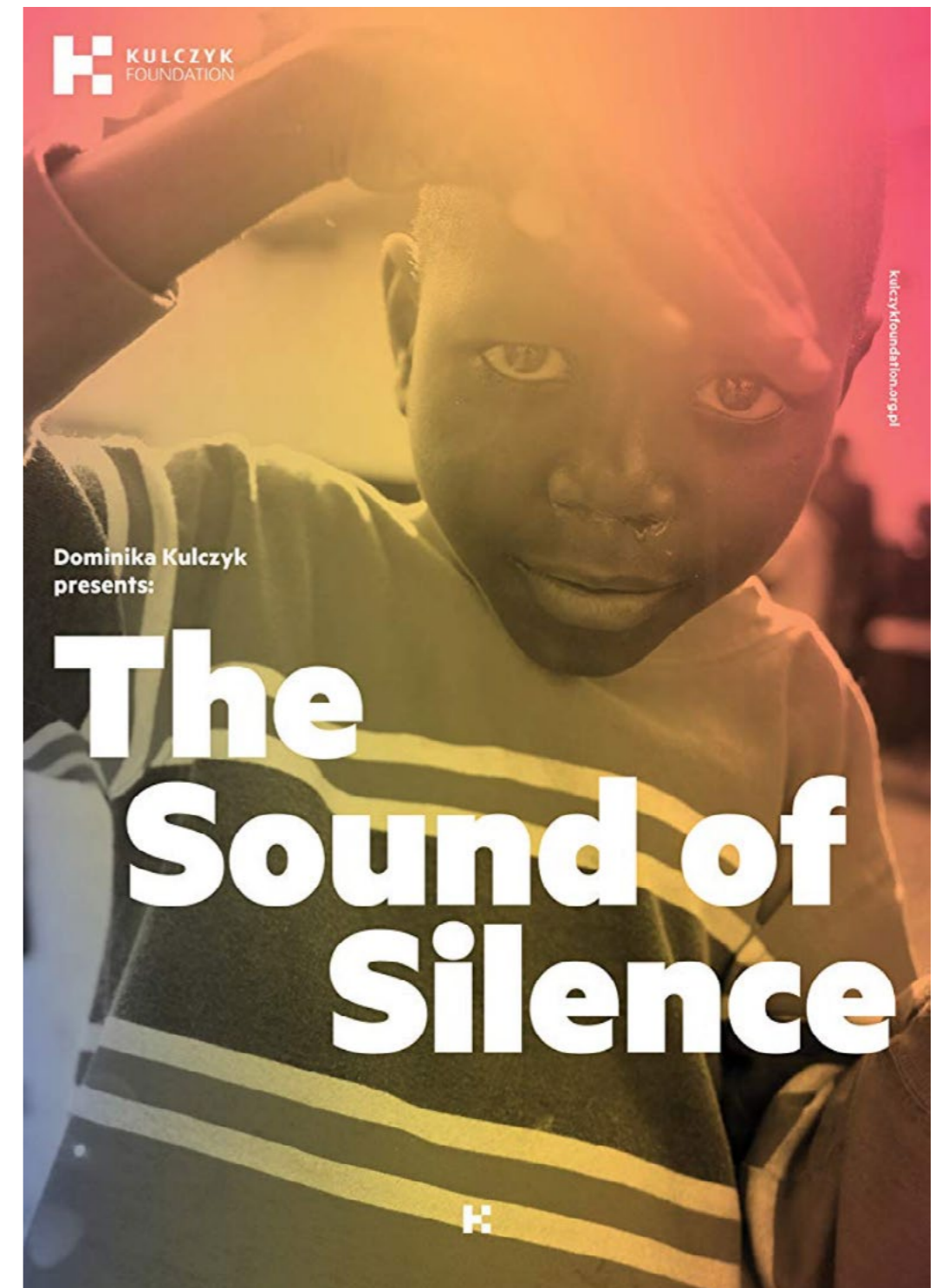
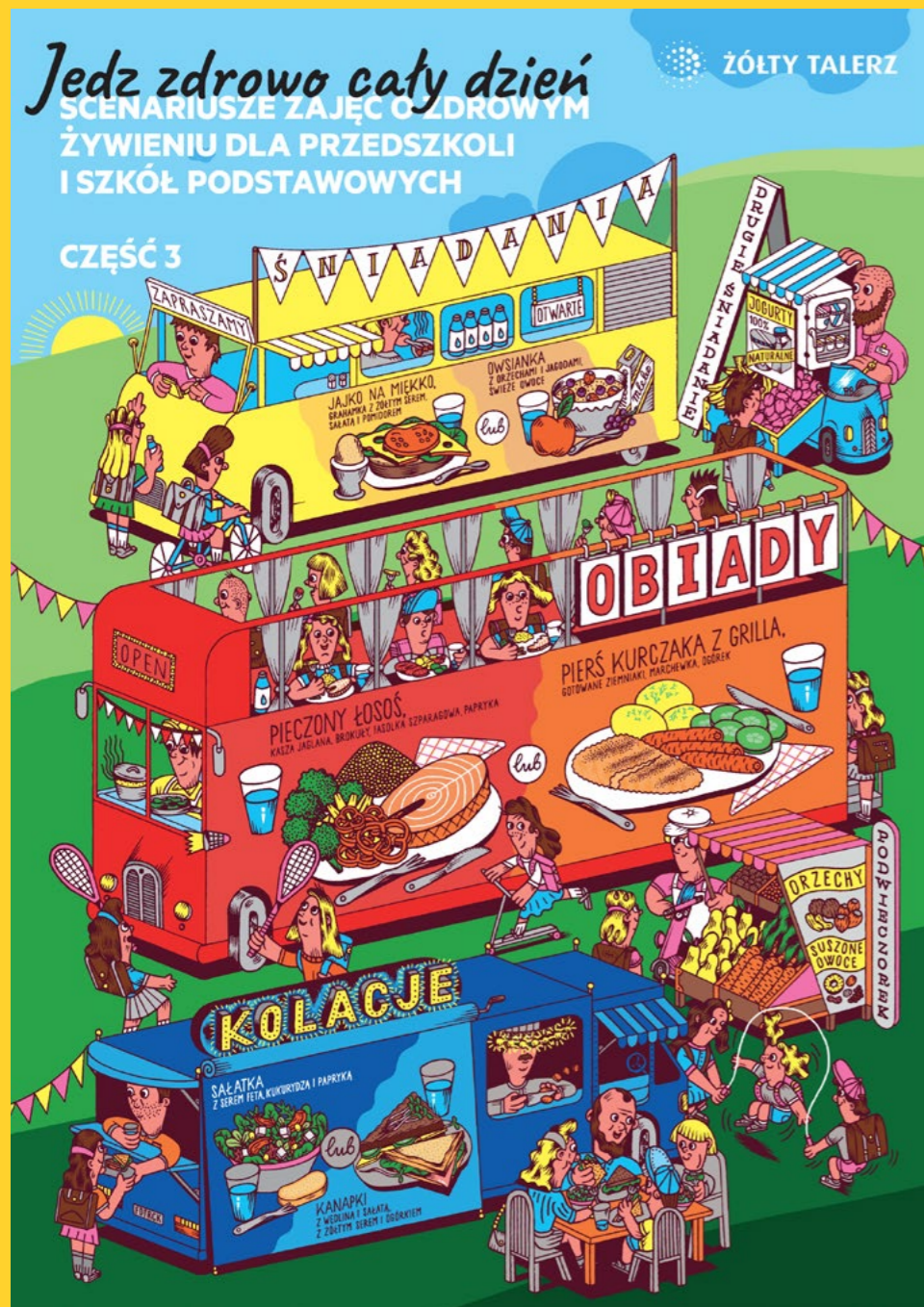
We know that nutritional education must be approached holistically. Therefore, we have directed our educational activities towards children, their carers in schools or day care centres and towards parents.

First, we invited the Yellow Plate Programme coordinators, i.e. the people who have a decisive influence on the nutrition of children from individual institutions, to the Domino Effect Workshop in Warsaw to take part in educational and culinary workshops. These consisted of two modules: theory and practical (i.e. cooking together). The theory part was conducted by experts from the Faculty of Human Nutrition and Consumer Sciences at the Warsaw University of Life Sciences. The classes helped the Yellow Plate coordinators plan nutritious meals for their guests and provided necessary knowledge about healthy eating.

The practical classes were conducted by qualified chefs. The participants learned how to prepare not only healthy but also tasty dishes using products from the Yellow Plate List. They also learned how to encourage children to eat vegetables and how to replace sweets and unhealthy snacks with delicious, wholesome desserts.

The proper nutrition of children and young people is an investment in their healthy development.

That is why it is so important to educate them at a young age to develop positive eating behaviours. Therefore, in cooperation with experts from the Warsaw University of Life Sciences we have prepared educational posters for children that promote healthy eating.



For each poster we have also published lesson plans for different age groups to help shape proper eating habits among children. The lessons show the impact of individual food products on the human body and well-being. The heroine of the lesson's stories is Mrs Wanda, who quit her corporate job, bought a car, converted it into a food truck and set herself the goal of providing children with a healthy diet. In our materials she teaches children how to eat healthy food and how diet affects health. Mrs Wanda takes the children on a journey around the world, teaching them what is eaten on other continents.



As part of our educational activities for children, we conducted lessons based on the scripts we published. Each of the participating institutions had the opportunity to take part in workshops with Mrs Wanda, which were held in Warsaw in the Domino Effect Workshop. In 2019, we also organised a series of workshops which answered questions such as how to prepare healthy desserts and how to “transform” fast food. We also organised a series of culinary activities for children using seasonal and regional products. In addition, we invited students from the Warsaw University of Life Sciences to conduct educational and culinary classes. They taught classes entitled Cereal Products – tasty and healthy and Legumes.

In 2019 we financed over 450 educational workshops for children.

This result was achieved thanks to the grant received from the Kulczyk Foundation for educational activities. As not everyone can travel to Warsaw to participate in the workshops in the Domino Effect Workshop, we have also made it possible for institutions to obtain financing to hold their own workshops and invite dieticians and nutrition educators to their own day care centres or schools.

In order to inspire parents' interest in their children's diet, we organised the “Daj przepisa” (“Gimme a recipe”) family contest, under the patronage of Michel Moran – the French restaurateur, master chef and juror of the children's culinary contest MasterChef Junior himself. We recorded a spot inviting people to take part in the competition in which Michel himself played the main role.

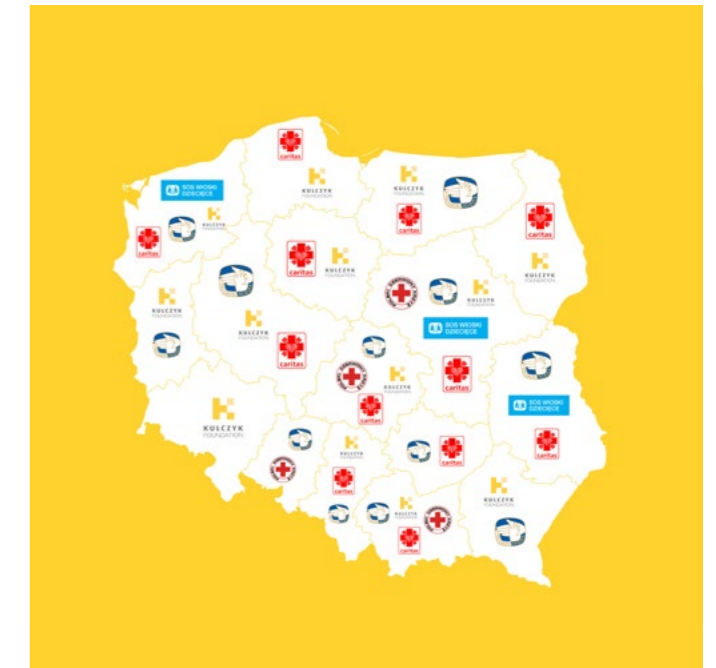
The Yellow Plate programme has also been involved in the #Jembozdrowe (#eatitcauseitshhealthy) campaign, whose main goal is to introduce healthy eating habits. The campaign was carried out in cooperation with Ewa Drzyzga as part of the “36,6” programme aired on the TVN channel.



In September 2019, we began the fourth edition of the Yellow Plate Programme in which 15,000 children from 340 institutions are participating.

On 22nd November 2019, we organised a debate on the issue of food quality in Polish schools and the need for systemic changes in this area. We invited experts from the Warsaw School of Life Sciences, headmasters and representatives of educational institutions to discuss what to do to improve the nutrition of food in Polish schools.

In January 2019, in cooperation with the Warsaw School of Life Sciences, we conducted a study on the quality of children's nutrition in the facilities participating in the Yellow Plate Programme. The Yellow Plate Programme was very well received by the institutions. The vast majority (93%) considered it a real help for children.



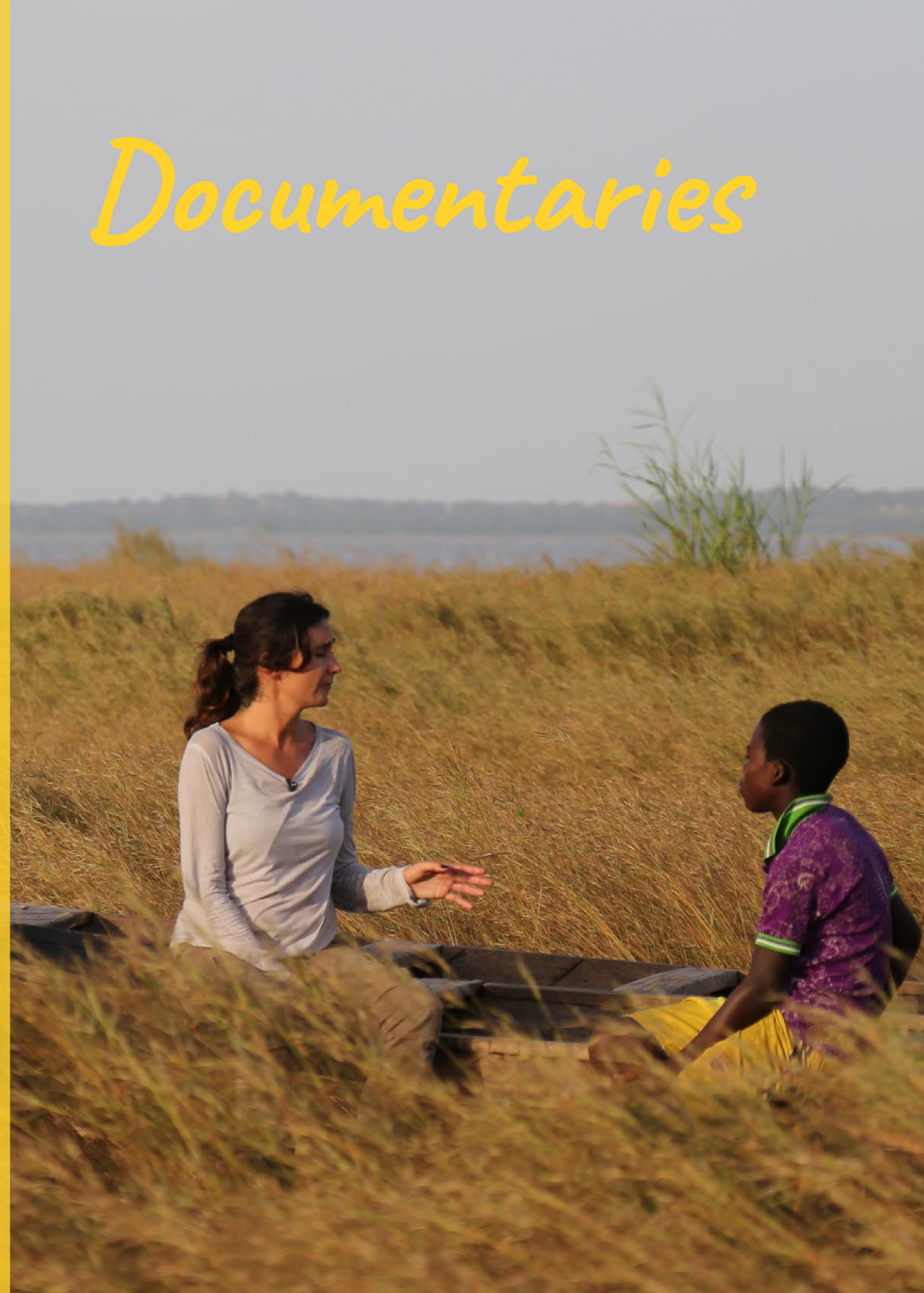
In the fourth edition of the Yellow Plate programme, the Kulczyk Foundation invited the following organisations to help out:

Caritas of the Diocese of Kielce, Caritas of the Diocese of Radom, Caritas of the Archdiocese of Katowice, Caritas of the Diocese of Toruń, Caritas of the Archdiocese of Gdańsk, Caritas of the Archdiocese of Szczecin-Kamień, Caritas of the Diocese of Koszalin-Kołobrzeg, Caritas of the Archdiocese of Poznań, Caritas of the Archdiocese of Gniezno, Caritas of the Archdiocese of Kraków, Caritas of the Diocese of Drohiczyń, Caritas of the Diocese of Warsaw-Praga, Caritas of the Diocese of Łomża, Caritas of the Archdiocese of Łódź, Caritas of the Diocese of Siedlce, the Polish Red Cross, the Friends of Children Society (Towarzystwo Przyjaciół Dzieci), SOS Children's Villages.

Our documentaries show the problems of communities around the world and the work of NGOs, supported by the Kulczyk Foundation, to find solutions to these problems.

The “Domino Effect” series is created thanks to our cooperation with TVN – the largest private television station operating in Poland. We have worked with TVN on a number of documentaries which have received awards at film festivals around the world. The Kulczyk Foundation also partners with CNN International to produce documentaries as part of the CNN Freedom Project. The focus of these documentaries is the issue of modern slavery.

Documentaries



Domino Effect

6TH SEASON

In the sixth season of her documentary series “Domino Effect”, Dominika Kulczyk reaches those in need in Africa, Asia and South America.



There she helps tackle the problems of local communities, working to provide children with a better childhood, providing access to education and medical care, but most of all, advocating for freedom. – “It is appalling and unacceptable that even in the 21st century, 40 million people are slaves, 10 million of whom are children. This problem is growing due to the world’s indifference. That is why the main focus point of the Kulczyk Foundation’s actions presented in the sixth season of the series is rescuing lost childhoods,” says Dominika Kulczyk.

The 6th season of the “Domino Effect” consists of the following episodes:

- “Little Slaves” (Ghana)
- “Sumba” (Indonesia)
- “Voice of Kibera” (Kenya)
- “The Kingdom in the Sky” (Lesotho)
- “For our Children” (Colombia / Venezuela)
- “Children for Sale” (Nepal)
- “The First Bicycle” (Namibia)
- “Children to the Rescue” (Peru)

CNN Freedom

PROJECT

The “CNN Freedom Project” is a series of CNN International documentaries that explore various forms of modern slavery.



The project was created in 2011. Apart from documentary films, it also includes reports and articles on human trafficking in all its various forms. The project has already published over a thousand stories from across five continents. More than a thousand people have been helped, and more than \$24 million has been raised for organisations fighting modern slavery. Three documentary films were made in cooperation with the Kulczyk Foundation in 2019 as part of the “CNN Freedom Project”:

- **“Troubled Waters”** – a documentary on the fight against modern slavery in Ghana. It contains a unique account of saving children on Lake Volta, as well as the shocking testimony of a child trafficker and a person who decided to sell their own child. The fight against modern slavery in Ghana is led by the local NGO PACODEP (Partners in Community Development Programme). Dominika Kulczyk was directly involved in its activities, leading to the rescue of children from the hands of their torturers, restoring their freedom and providing shelter.
- **“Stolen Son”** – the story of the disappearance of Mohamed Faisal – a 12-year-old Rohingya boy – is the main theme of this second documentary. It was created to draw the world’s attention to the situation of refugees from Myanmar in Bangladesh. Over a million Rohingya have been living there in appalling conditions for a number of years. They are constantly under threat, including living under the threat of human trafficking.
- **“Begging for Change”** – Dominika Kulczyk and the CNN International team visited the Senegalese town of Saint-Louis and the Maison de la Gare organisation operating there. It is run by Issa Kouyate, a community worker who helps children forced to beg by marabouts from illegal Koranic schools. The Kulczyk Foundation supports his organisation in the fight against the phenomenon that causes thousands of children to be victims of modern slavery in Senegal.

Longer DOCUMENTARIES

As part of our activities, we also produce longer documentaries. They develop and deepen some of the topics discussed in the individual episodes of the “Domino Effect”.



These films are presented at film festivals around the world and often receive awards. The following films were created in 2019:

- **“For our Children”** – “We rummaged around in the garbage for any reusable items we could sell. I smuggled goods for sale abroad, I sold sweets, lollipops. We were hungry, we slept wherever we could, even on the bare ground. We had no money, we were forced to beg” – these are the words of one of the victims of the exodus of refugees from Venezuela, a country which, as a result of its dictatorship, has been plunged into a deep humanitarian and economic crisis. In the film, Dominika Kulczyk and the Kulczyk Foundation learn about the stories of Venezuelans crossing the Simón Bolívar Bridge, which is located on the Venezuelan-Colombian border and is often called the “bridge of desperation”.

- **“The Sound of Silence”** – Dominika Kulczyk and the Kulczyk Foundation go to the Nyabihu Demonstration School for the Deaf in Rwanda, where deaf and hard of hearing children not only learn sign language and receive an education, but also acquire skills that are essential in everyday life. They get a chance to talk to their parents and other relatives, often for the first time in their lives. Above all, thanks to the school, they can find hope for a new and better life.

In 2019, the documentary film “The Witch Hunt”, which was produced in 2018, received awards at the following festivals: the **Nevada Women’s Film Festival** (USA, Spirit of Activism Award), the **3rd Annual Loudoun International Film Extravaganza** (USA, Best Documentary Award) and the **Cobb International Film Festival** (USA, Best International Documentary Award).



The Foundation's educational projects are inspired by the problems and possible solutions that are presented in the documentary series "Domino Effect".

Educational Projects

We extract universal values and issues from these stories, which we then use to help us work on social and emotional skill development in Poland. With this, we create an educational offering that strengthens the development of self-awareness in children, teachers and parents alike.

DOMINO EFFECT. *Teaching materials*

The theme of the lesson plans developed in 2019 is **freedom** – its value, its various dimensions, boundaries and the ways of experiencing it.

Since the beginning of its existence, the Kulczyk Foundation has been working to develop the social and emotional competencies of children and youth. To this end, we develop unique lesson plans that easily adapt to the various stages of education, explaining the complex world of universal values and emotions, helping develop self-awareness, and helping shape one's own sense of freedom – the freedom to be oneself.

In 2019 we developed materials for classes in four age groups: children aged 3-6, children attending primary school forms I-III, children attending forms IV-VIII and youth aged 15 and over.

For the youngest age group (3-6 years old) we created a series of classes entitled "In the Kingdom of Feelings". They support preschool teachers in working with children to develop the ability to recognise, name and express their emotions and feelings in a socially acceptable way.

The series of classes for the next stage of **early childhood education (6-9 years old)** is an invitation for pupils to participate in "A Journey through the World of Values". The pupils set off on a journey with the teacher, where they receive letters from their (fictional) peers from Ghana, Kenya, Lesotho, Nepal, Namibia, Indonesia, Venezuela and Peru, in which the children describe what is most important to them in life and why. These stories are a starting point for discussion and reflection on what the pupils'

values are, for example freedom, self-expression, empathy, courage, independence, taking care of oneself, mental resilience and commitment.

For IV-VIII form students, we created classes presenting the factors which influence the individual sense of freedom and the attitudes and actions related to it. We encourage teachers and parents to talk to their children about the limits of freedom and the limitations that are associated with it – the limits that appear where the right to freedom for others begins, and the limitations that can be overcome and confronted.

The offering for secondary schools is a rhetorical skills workshop focused on the topic of freedom. The aim of the classes is to develop the skills needed for young people to form and express their own opinions and learn about the opinions of others, and thus strengthen and respect their own and others' freedom.

The whole "Domino Effect: Teaching materials" series is developed by educational experts, consulted by practitioners and the experienced family psychotherapist Kamila Becker. The books for preschools and primary schools were created under the supervision of Prof. UAM dr hab. Kinga Kuszak, and the book for secondary schools was created under the supervision of Dr hab. Agnieszka Kula (Adam Mickiewicz University, Poznań).



MY Freedom Day



#MyFreedomDay in Polish schools

On 14th March 2019, the international campaign #MyFreedomDay was marked in Poland for the first time. #MyFreedomDay raises awareness of the problem of modern slavery and the importance of freedom for all people. The event took place in Poland thanks to the involvement of the Kulczyk Foundation.

The #MyFreedomDay campaign was organised by the CNN Freedom Project and first held in 2011. As part of the campaign, children from different countries organise events in their schools to show the importance of freedom in their lives and draw attention to the problem of modern slavery. Every year more and more organisations, schools and individuals participate in #MyFreedomDay. In 2019, the campaign had an exceptionally wide reach, as CNN International correspondents reported on the day from various schools around the world. In addition to Poland, they also visited Hong Kong, Kenya, South Korea, Lebanon and the UK, among others.

The Kulczyk Foundation prepared an event that aired on CNN International in cooperation with the T. Szeligowski Music School No. 2 in Poznań. Younger students prepared artwork on the subject of freedom, while older students performed the song "Freedom" by Pharrell Williams, arranged under the direction of Audiofeels and teachers. Pupils also built – and subsequently demolished – a symbolic wall on which English and Polish words were written, defining everything that, according to the children, restricts human freedom, leads to divisions and a lack of tolerance in societies.

The Foundation also conducted an information campaign about the #MyFreedomDay initiative, with which we reached over 30,000 educators in Poland. The aim of this activity was to make both young people and teachers aware that slavery also exists in our country, in Europe and in Poland. It threatens both adults and children alike. The fight against this form of crime is not only about releasing the enslaved people, but also about the necessary preventive actions that teachers can carry out in their daily work.

GRANT COMPETITION

We have been running our Grant Competition since 2015. We award grants to infrastructure projects that leave a lasting mark and drive social impact. Our grant partners build, construct, install, renovate, and refurbish buildings and shared spaces for those who need them most.

In 2019 we announced the winners of the 2018/2 edition.

Grants were awarded to:

Grupa Regionalna Górskiego Pogotowia Ratunkowego (Regional Mountain Rescue Group),

Beskidy Group from Szczyrk for the modernisation of the GOPR Rescue Station in Klimczok (PLN 25,000).

Fundacja Rozwoju Dzieci i Młodzieży PIĘKNY ŚWIAT (Foundation for Children and Youth Development BEAUTIFUL WORLD)

from Tuszyn for the construction of a kitchen at the self-dependence workshop in Zofiówka for children and youths from local orphanages (PLN 25,000).

Stowarzyszenie Terapeutów (Association of Therapists)

from Warsaw for a reading room and a safe space for people with autism and developmental disabilities (PLN 25,000).

University Children's Hospital

in Lublin to create a space for fun and rest, with particular emphasis on people with special educational needs (PLN 25,000).

Dr. Jan Kulczyk SCHOLARSHIP FOR AMU STUDENTS FROM UKRAINE



For more than 20 years, scholarships for outstanding scientific achievements have been awarded to PhD students and other students of Adam Mickiewicz University, Poznań (AMU) on an annual basis. This tradition began in 1998, when Grażyna and Jan Kulczyk made a donation that created a scholarship fund managed by the Adam Mickiewicz University Foundation.

Since 2014, Ukrainian citizens studying in Poznań have also been invited to apply for scholarships. Each year, 50 Ukrainian students receive a one-off support scholarship grant of PLN 3,000. The scholarships are awarded based on the financial circumstances of a student and their academic performance.

The total value of scholarships granted to date is PLN 450,000.

THE USAMODZIELNIENI (SELF-DEPENDENT) Project

The **USAMODZIELNIENI** project in numbers in 2019: 12 projects, 54 courses and professional training courses completed, 214 participants, 23 locations, 14,000 kilometres driven, professional courses worth almost PLN 80,500 funded, **1,000,000** smiles exchanged.



Together with the One Day Foundation, we run the USAMODZIELNIENI (SELF-DEPENDENT) project for young people in orphanages or care. This training programme is aimed at young people from 16 years old, who may encounter various barriers and obstacles in their transition to independence.

The project includes workshops where young people learn practical job-hunting skills e.g. the principles of writing a CV, effective methods for job hunting and how to impress during an interview. We also support them in gaining professional experience, providing them with the opportunity to participate in courses, training or supplementary classes. During these, the Gallup Test is conducted which allows young people to better understand their potential and predispositions. In addition, we teach techniques to build self-confidence and manage any fears of adulthood they may have.

Thanks to young scientists from the Warsaw University of Technology, the USAMODZIELNIENI app has been created, which features a CV wizard among other functions. Soon, the app will also include job opportunities and other tools that can help young people become independent.

In December 2019 we organised a conference for project leaders from 10 centres. The delegates spent two days working on their own development and new ideas for the USAMODZIELNIENI project.

We also supported the One Day Foundation in organising the finale of the “Gwiazdka One Day” (“One Day Christmas Eve”) campaign. On 15th December 2019, in the auditorium of the Warsaw University of Technology, we handed out nearly 700 Christmas presents to children from orphanages. Dominika and Sebastian Kulczyk played the role of Santa Claus alongside invited guest stars. The invited children told us their dream gifts and then got to take their dream gift home!

DOMINO EFFECT *Workshop*

The Domino Effect Workshop, which opened in 2018, is a hub for the Kulczyk Foundation's operations and support, educational and integration programmes.

The Workshop also acts as a venue for debates on the key topics relevant to the Kulczyk Foundation's activities. Teachers, parents and children meet here to develop their professional, educational, social and emotional intelligence skills.

In 2019, we organised two series of our workshops entitled "Empathy in the Teaching Profession" in which 60 teachers took part. We also invited 50 parents to a series of four seminars developing parental skills. More than 450 children and young people attended workshops entitled "Instead of Hate" and the "116 111 Help-line for Child and Youth", in cooperation with Fundacja Dajemy Dzieciom Siłę (We Give Strength to Children Foundation). For those visiting Warsaw under the care of the Krzyk Foundation (Scream Foundation), Kulczyk Foundation provided workshops on developing a sense of agency and its wider impact.

In addition, last year we organised three series of workshops on healthy nutrition for our Yellow Plate coordinators. The Workshop is also a space that even our youngest visitors are happy to visit. Visiting children took part in a number of educational and culinary workshops about the importance of healthy eating where we showed children what alternatives there are to sweets and fast food and helped them discover new flavours. This included inviting the Toruń Gingerbread Museum to the Domino Effect Workshop to bake delicious gingerbread with children ahead of Christmas. Finally, the Workshop has been turned into a TV set twice, thanks to the cooperation with Ewa Drzyzga and TVN's "36,6" programme.





List of activities

KULCZYK FOUNDATION PROJECTS CARRIED OUT ACROSS THE WORLD IN 2019

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
1.	Continuation of a project started in 2018	Empowering Children with Disabilities (Rwanda)	Support for those under the organisation's care. Project related to one of the episodes of the 5th season of the "Domino Effect".
2.	Continuation of a project started in 2018	Empowering Children with Disabilities (Rwanda)	Purchase of Solar Ear hearing aids with the necessary accessories and customised ear moulds for 92 children. Project related to one of the episodes of the 5th season of the "Domino Effect".
3.	Continuation of a project started in 2018	Empowering Children with Disabilities (Rwanda)	Financing a Rwandan sign language course for parents from 96 families. Project related to one of the episodes of the 5th season of the "Domino Effect".
4.	Continuation of a project started in 2018	Empowering Children with Disabilities (Rwanda)	Purchase of farm animals for 96 families. Project related to one of the episodes of the 5th season of the "Domino Effect".
5.	Continuation of a project started in 2018	Casa Guatemala (Guatemala)	Support for Casa Guatemala's agricultural programme through water (irrigation) projects; refurbishment and expansion of livestock barns; acquisition of animals (pigs) and feed and medicine for them; purchase of plants, seeds, agricultural tools for employees and students, and hiring a supervisor and redirecting an additional 15 people to work in the agricultural programme. Project related to one of the episodes of the 5th season of the "Domino Effect".
6.	Continuation of a project started in 2018	Casa Guatemala (Guatemala)	Support related to broadening the range of lessons on agriculture and increasing their frequency. Project related to one of the episodes of the 5th season of the "Domino Effect".
7.	Continuation of a project started in 2018	Casa Guatemala (Guatemala)	Support for those under the organisation's care.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
8.	Continuation of a project started in 2018	Sumba Foundation (Indonesia)	Support for water projects carried out by the organisation. Project related to one of the episodes of the 6th season of the “Domino Effect”.
9.	Continuation of a project started in 2018	Liga de Mujeres Desplazadas/LMD (Kolumbia)	Support for health projects carried out by the organisation that aim to combat malaria. Project related to one of the episodes of the 6th season of the “Domino Effect”.
10.	Continuation of a project started in 2018	Simbu Human Rights Defenders Network (Papua New Guinea)	Support for the repatriation and reintegration of victims of witchcraft charges from the Simbu Province.
11.	Continuation of a project started in 2018	Jacaranda Foundation (Malawi)	Vocational education project support.
12.	Continuation of a project started in 2018	Jacaranda Foundation (Malawi)	Support for a person under the organisation’s care.
13.	Continuation of a project started in 2018	HOPE Foundation For Women & Children of Bangladesh (Bangladesh)	Additional support for the HOPE Field Hospital for Women, which provides assistance to victims of the refugee crisis.
14.	Continuation of a project started in 2018	SOS Children’s Villages Lesotho (Lesotho)	Financing and extending support related to the FSP Revolving Fund implemented by the SOS Children’s Village Quthing and local organisations. This is part of the Income Generating Activities project which aims to support families with children to provide food and a stable income. Project related to one of the episodes of the 6th season of the “Domino Effect”.
15.	Continuation of a project started in 2018	Project Elimu (Kenya)	Support of Project Elimu’s artistic programmes. Project related to one of the episodes of the 6th season of the “Domino Effect”.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
16.	Continuation of a project started in 2018	Project Elimu (Kenya)	Support for Project Elimu’s educational programmes – scholarships for 120 children participating in the show “Voices of Kibera”. Project related to one of the episodes of the 6th season of the “Domino Effect”.
17.	Continuation of a project started in 2018	Project Elimu (Kenya)	Project Elimu educational programmes: support for children in a Maasai village.
18.	Continuation of a project started in 2018	Project Elimu (Kenya)	Elimu Project Educational/Social Programmes: support for the families of two charges under the organisation’s care. Project related to one of the episodes of the 6th season of the “Domino Effect”.
19.	Continuation of a project started in 2018	Project Elimu (Kenya)	Infrastructure support for Project Elimu. Project related to one of the episodes of the 6th season of the “Domino Effect”.
20.	Continuation of a project started in 2018	PACODEP (Ghana)	Support for the rescue of child slaves. Project related to one of the episodes of the 6th season of the “Domino Effect”.
21.	Continuation of a project started in 2018	PACODEP (Ghana)	Purchasing a boat used in slave rescue operations and for monitoring the situation of slaves on Lake Volta. Project related to one of the episodes of the 6th season of the “Domino Effect”.
22.	Continuation of a project started in 2018	PACODEP (Ghana)	Support for the construction of a Senior High School in the Village of Life. Project related to one of the episodes of the 6th season of the “Domino Effect”.
23.	Continuation of a project started in 2018	3 Angels Nepal (Nepal)	Support for the rescue of slaves and people threatened by modern slavery. Project related to one of the episodes of the 6th season of the “Domino Effect”.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
24.	Continuation of a project started in 2018	3 Angels Nepal (Nepal)	Support for prevention activities related to the fight against modern slavery by providing support for 3 ACR radio (3 Angels Community Radio), a key organisation tool used in the prevention of human trafficking. Financing the completion of the new radio station building. Project related to one of the episodes of the 6th season of the “Domino Effect”.
25.	Continuation of a project started in 2018	CNCF (Vietnam)	Support for those under the organisation’s care.
26.	Continuation of a project started in 2018	Bicycling Empowerment Network Namibia (Namibia)	Purchasing bicycles for people in need from Swakopmund (Erongo region). Project related to one of the episodes of the 6th season of the “Domino Effect”.
27.	Continuation of a project started in 2018	Bicycling Empowerment Network Namibia (Namibia)	Purchasing bicycles for people in need from the Zambezi region. Project related to the production of one of the episodes of the 6th season of the “Domino Effect”.
28.	January 2019	3 Angels Nepal (Nepal)	Support for rescue operations for victims of human trafficking (transport of rescued persons). Project related to one of the episodes of the 6th season of the “Domino Effect”.
29.	January 2019	Comparte Por Una Vida Colombia (Colombia)	Support for a child nutrition programme. Project related to one of the episodes of the 6th season of the “Domino Effect”.
30.	February 2019	Comparte Por Una Vida Colombia (Colombia)	Support for Venezuelan refugees (beneficiaries of the organisation). Project included in the production of one of the episodes for the 6th season of the “Domino Effect” docuseries.
31.	February 2019	Comparte Por Una Vida Colombia (Colombia)	Support for the activities of Colombians helping Venezuelan refugees. Project included in the production of one of the episodes for the 6th season of the “Domino Effect” docuseries.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
32.	February 2019	BAFTA (United Kingdom)	The premiere of the “Troubled Waters: A CNN Freedom Project Documentary” report, created in cooperation with CNN International. Panel discussion organisation on modern slavery.
33.	February 2019	PACODEP (Ghana)	PACODEP communication support. Project related to the production of the “Troubled Waters: A CNN Freedom Project Documentary”.
34.	February 2019	INFANT (Peru)	Support in the organisation of performances related to the celebration of International Women’s Day. Project included in the production of one of the episodes for the 6th season of the “Domino Effect” docuseries.
35.	March 2019	INFANT (Peru)	Support for the “Children to the Rescue” project. Project included in the production of one of the episodes for the 6th season of the “Domino Effect” docuseries.
36.	May 2019	Comparte Por Una Vida Colombia (Colombia)	Support for Venezuelan refugees (beneficiaries of the organisation). Project included in the production of one of the episodes for the 6th season of the “Domino Effect” docuseries.
37.	May 2019	PACODEP (Ghana)	Additional support for the organisation’s activities. Project included in the production of one of the episodes for the 6th season of the “Domino Effect” docuseries.
38.	June 2019	Empowering Children with Disabilities (Rwanda)	Purchase of the necessary hearing aid accessories for the organisation’s pupils.
39.	June 2019	Tiny Toones (Cambodia)	Financing the performance of the organisation’s beneficiaries. Project included to the production of one of the episodes for the 7th season of the “Domino Effect” docuseries.
40.	June 2019	Comparte Por Una Vida Venezuela (Venezuela)	Support for children nutrition programme. Project included in the production of one of the episodes for the 7th season of the “Domino Effect” docuseries.
41.	June 2019	INFANT (Peru)	Support for children nutrition programme. Project included in the production of one of the episodes for the 7th season of the “Domino Effect” docuseries.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
42.	June 2019	INFANT (Peru)	Support for the organisation's activities to eliminate physical and mental violence against children. Project related to the production of one of the episodes for the 6th season of the "Domino Effect" docuseries.
43.	June 2019	Simbu Human Rights Defenders Network (Papua New Guinea)	Further support for an individual in need under the organisation's care.
44.	June 2019	Tiny Toones (Cambodia)	Support for the functioning of the school run by the organisation. Project related to the production of one of the episodes for the 6th season of the "Domino Effect" docuseries.
45.	June 2019	Juanfe (Colombia)	Further support for the "360 Degree" programme.
46.	July 2019	Education and Development Foundation – EDUCO (Bangladesh)	Further support for an individual in need under the organisation's care.
47.	July 2019	Maison de la Gare (Senegal)	Purchase of a car for the organisation. Project related to the production of one of the episodes for the 7th season of the "Domino Effect" docuseries.
48.	September 2019	HOPE Foundation For Women & Children of Bangladesh (Bangladesh)	Financing the organisation's mental health programme and psychosocial support for refugees. Project included in the production of the "Stolen Son: A CNN Freedom Project Documentary".
49.	October 2019	Maison de la Gare (Senegal)	Purchase of mattresses for children from Koranic schools. Project related to the production of one of the episodes for the 7th season of the "Domino Effect" docuseries.
50.	October 2019	Tiny Toones (Cambodia)	Support for the functioning of the school run by the organisation. Project related to the production of one of the episodes for the 7th season of the "Domino Effect" docuseries.
51.	October 2019	CEPROMIN (Bolivia)	Support for a an individual under the organisation's care.
52.	October 2019	Project Elimu (Kenya)	Support for the organisational operational costs.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
53.	October 2019	Bangladesh National Women Lawyers' Association (Bangladesh)	Help for victims of human trafficking. Project included in the production of the "Stolen Son: A CNN Freedom Project Documentary".
54.	October 2019	Policy Center for Roma and Minorities (Romania)	Rental of premises for the beneficiaries of the organisation. Project included in the production of one of the episodes of the 7th season of the "Domino Effect" docuseries.
55.	November 2019	HOPE Foundation For Women & Children of Bangladesh (Bangladesh)	Financial support for construction of operating and maternity ward at the organisation's hospital. Project included in the production of the "Stolen Son: A CNN Freedom Project Documentary".
56.	November 2019	Project Elimu (Kenya)	Support for the organisation's project to address menstrual poverty: purchase of personal hygiene products for adolescent girls.
57.	November 2019	Project Elimu (Kenya)	Support for the organisation's project to address menstrual poverty: educational workshops on women's health for school-age girls.
58.	November 2019	Conduit Club (United Kingdom)	Screening of the "Begging for change: A CNN Freedom Project Documentary". Organisation of a debate on the problem of contemporary slavery; Dominika Kulczyk's participation in a panel discussion with Freedom Fund CEO Nick Grono.
59.	November 2019	Institute of Health Management Pachod -IHMP (India)	Support for the organisation's project regarding the reproductive health of young women in Pune. Project included in the production of one of the episodes of the 7th season of the "Domino Effect" docuseries.
60.	December 2019	Projeto UERÉ (Brazil)	Further support for an individual in need under the organisation's care.
61.	December 2019	Policy Center for Roma and Minorities (Romania)	Support for a sexual and reproductive health education programme for girls of Roma origin. Project included in the production of one of the episodes of the 7th season of the "Domino Effect" docuseries.
62.	December 2019	Policy Center for Roma and Minorities (Romania)	Financing annual dance classes for children – beneficiaries of the organisation. Project included in the production of one of the episodes of the 7th season of the "Domino Effect" docuseries.



List of activities

KULCZYK FOUNDATION PROJECTS CARRIED OUT IN POLAND IN 2019

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
1.	january 2019	Survey on the quality of child nutrition in organisations and schools participating in the Yellow Plate programme	The study was carried out in cooperation with the Faculty of Human Nutrition and Consumer Sciences SGGW. Yellow Plate programme evaluation.
2.	january 2019	A series of workshops for coordinators of the Yellow Plate programme entitled: “Does sugar invigorate? Everything you need to know about sugar” and “Healthy nutrition for children and young people”	Organisation of six workshops aimed at promoting healthy eating habits, raising health awareness and inspiring positive changes in children’s eating habits. The workshop was attended by 73 programme coordinators from all over Poland.
3.	january 2019	Educational and culinary workshops for children entitled: “Cereal products are always good and healthy”	Workshops promoting the idea and principles of healthy nutrition. Their aim was to teach about cereal products, principles of proper nutrition, as well as to discover varied flavours. These workshops were attended by children participating in the Yellow Plate programme.
4.	january 2019	“Empathy in teachers’ professional work”	A series of free development workshops for teachers – edition I. The first meeting of the series in the Domino Effect Workshop.
5.	february 2019	Recording the competition spot of the “Daj przepisa” (“Gimme a recipe”) contest with Michel Moran	Conducting educational activities concerning healthy eating through the involvement of the master chef Michel Moran.
6.	february 2019	Holidays in the Domino Effect Workshop	Organisation of 5 culinary workshops for children and youth. As part of these, children learned the principles of proper nutrition, discovered a variety of products and developed a nutrition-oriented imagination. The workshop was attended by 123 children.
7.	february 2019	Workshops for coordinators of the Yellow Plate programme entitled: “Everything you need to know about sugar” and “Healthy nutrition for children and young people”	Organisation of five workshops aimed at promoting healthy eating habits, raising health awareness and inspiring positive changes in children’s eating habits. The workshop was attended by 56 programme coordinators from all over Poland.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
8.	february 2019	“Empathy in teachers’ professional work”	A series of free development workshops for teachers – edition I. The second meeting of the series in the Domino Effect Workshop.
9.	february 2019	“116 111 Helpline for Children and Youth” and “Instead of Hate” – prevention workshops	A series of prevention workshops for youth carried out in the Domino Effect Workshop in cooperation with the Fundacja Dajemy Dzieciom Siłę (We Give Strength to Children Foundation) – discussing solutions and coping with difficult situations, including violence online.
10.	february 2019	“Early School Inspir@tions” 2019 conference	Participation as a partner in a conference for 350 teachers organised by Edunews.pl.
11.	february 2019	Results of the Kulczyk Foundation Grant Competition	Announcement of the results of the Kulczyk Foundation Grant Competition – 2018/2 edition.
12.	february 2019	Grupa Regionalna Górskiego Pogotowia Ratunkowego (Regional Mountain Rescue Group), Beskidy Group	Modernisation of the GOPR rescue station in Klimczok.
13.	february 2019	Kulczyk Foundation Grant Competition – Fundacja Rozwoju Dzieci i Młodzieży Piękny Świat (Foundation for Children and Youth Development Beautiful World)	Construction of a kitchen at the self-dependence workshop in Zofiówka for orphans.
14.	february 2019	Kulczyk Foundation Grant Competition – Stowarzyszenie Terapeutów (Association of Therapists)	Creating a reading room and safe space for people with autism and intellectual disabilities.
15.	february 2019	Kulczyk Foundation Grant Competition – University Children’s Hospital in Lublin	Creating a space for fun and rest on the hospital premises, with particular attention to people with sensory impairment.
16.	february 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops for children from orphanages, special care and educational centres in Włocławek, Brzeziny and Lubień Kujawski, entering into adult life.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
17.	march 2019	Start of cooperation with Ewa Drzyzga and the “36,6” TVN programme	Involvement of the Yellow Plate programme in the #Jembozdrowe (#letitcauseitshealthy) campaign, with main goal to shape healthy eating habits.
18.	march 2019	Workshops for coordinators of the Yellow Plate programme entitled: “Everything you need to know about sugar” and “Healthy nutrition for children and young people”	Organisation of three workshops aimed at promoting healthy eating habits, raising health awareness and inspiring positive changes in children’s eating habits. The workshops were attended by programme coordinators from all over Poland.
19.	march 2019	Educational and culinary workshops for children entitled: “Cereal products are always good and healthy”	Workshops promoting the idea and principles of healthy nutrition. Their aim was to teach about cereal products, principles of proper nutrition, as well as to discover varied flavours. These workshops were attended by children participating in the Yellow Plate programme.
20.	march 2019	“116 111 Helpline for Children and Youth” and “Instead of Hate” – prevention workshops	A series of prevention workshops for youth carried out in the Domino Effect Workshop in cooperation with the Fundacja Dajemy Dzieciom Siłę (We Give Strength to Children Foundation) – searching for solutions and coping with difficult situations, including violence online.
21.	march 2019	#MyFreedomDay	Initiating #MyFreedomDay campaign celebrations in schools in Poland.
22.	march 2019	“I am okay just as I am – on the subject of self-esteem”	A seminar on developing parenting competences for parents in the Domino Effect Workshop.
23.	march 2019	“The art of saying NO with a clear conscience – on the subject of communicating boundaries in a relationship”	A seminar for parents on developing parenting competences as part of the Domino Effect Workshop activities.
24.	march 2019	“Teenager in the family – when does upbringing end? On the subject of the adult-teenager relationship, boundaries, self-determination and being a guide”	A seminar for parents on developing parenting competences as part of the Domino Effect Workshop activities.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
25.	march 2019	“Modern Headmaster” conference	Participation as a partner in a conference for 550 school headmasters organised by the Librus portal.
26.	march 2019	“Empathy in teachers’ professional work”	A series of free development workshops for teachers – edition II. The first meeting of the series in the Domino Effect Workshop.
27.	march 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops on ‘entering into adult life’ for children from orphanages, special care and educational centres in Oświęcim and Kęty.
28.	march 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops on ‘entering into adult life’ for children from orphanages, special care and educational centres in Lublin.
29.	april 2019	Announcement of the nationwide “Daj przepisa” (“Gimme a recipe”) contest	A competition for children, engaging adults in child nutrition and raising awareness of healthy eating.
30.	april 2019	Publishing educational materials as part of the Yellow Plate Programme – “Mrs Wanda’s Healthy Food Truck” poster	The “Mrs Wanda’s Healthy Food Truck” poster as a new version of the well-known food pyramid. A result of cooperation with SSGW, it was shared with all institutions participating in the Yellow Plate programme.
31.	april 2019	The Yellow Plate programme on “36,6”	Broadcast of an episode devoted to healthy eating on TVN. Children from the Yellow Plate studio in Kraków prepared healthy sweets together with Anna Starmach and Ewa Drzyzga.
32.	april 2019	Educational and culinary workshops for children entitled: “Cereal products are always good and healthy”	Workshops promoting the idea and principles of healthy nutrition. Their aim was to teach about cereal products, principles of proper nutrition, as well as to discover varied flavours. These workshops were attended by children participating in the Yellow Plate programme.
33.	april 2019	“116 111 Helpline for Children and Youth” and “Instead of Hate” – prevention workshops	A series of prevention workshops for youth carried out in the Domino Effect Workshop in cooperation with the Fundacja Dajemy Dzieciom Siłę (We Give Strength to Children Foundation) – searching for solutions and coping with difficult situations, including violence online.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
34.	april 2019	“Freedom towards ourselves and others, a responsibility of teachers and students” – conference	“Faces of freedom in projects supported by the Kulczyk Foundation” presentation during the conference organised by the Mazovian Local Government Centre for Teacher Training in Siedlce.
35.	april 2019	“World’s Largest Lesson” conference	“Developing social and emotional competences. Methods of working with children and youth” presentation for 200 conference participants during the international meeting of AIESEC members in Sulejów.
36.	april 2019	“An adult as a lighthouse – on the subject of adults’ wise leadership in children’s lives”	A seminar for parents on developing parenting competences as part of the Domino Effect Workshop activities.
37.	april 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops on ‘entering the adult life’ for children from orphanages, care and educational centres in Tczew and Narkowy.
38.	may 2019	Publication of healthy eating plans for preschools and primary schools – part I	Lesson plans published as part of the educational activities of the Yellow Plate programme. Mrs Wanda’s Healthy Food Truck: educational materials.
39.	may 2019	“Daj przepisa” (“Gimme a recipe”) contest finale	Announcement of the results of the “Daj przepisa” (“Gimme a recipe”) contest. Main prize – cooking together with Michel Moran.
40.	may 2019	The Yellow Plate programme on “36,6”	Broadcast of an episode devoted to healthy eating on TVN. Children from the Yellow Plate studio in Warsaw took part in a lesson about a healthy food pyramid, and then prepared a nutritious and tasty lunch.
41.	may 2019	Workshops for coordinators of the Yellow Plate programme entitled: “Reading labels”	Workshops about consumer awareness, including clarifying information on food packaging labels. Attended by coordinators from all over Poland.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
42.	may 2019	Educational and culinary workshops for children, entitled “Legumes” and “Cereal products are always good and healthy”	Two workshops promoting the idea and principles of healthy nutrition. Their aim was to teach about cereal products, principles of proper nutrition, as well as to discover varied flavours. These workshops were attended by children participating in the Yellow Plate programme.
43.	may 2019	“Empathy in teachers’ professional work”	A series of free development workshops for teachers – edition II. The second meeting of the series in the Domino Effect Workshop.
44.	may 2019	“116 111 Helpline for Children and Youth” and “Instead of Hate” – prevention workshops	A series of prevention workshops for school youth carried out in the Domino Effect Workshop in cooperation with the Fundacja Dajemy Dzieciom Siłę (We Give Strength to Children Foundation) – searching for solutions and coping with difficult situations, including violence online.
45.	may 2019	Dr. Jan Kulczyk Scholarships	6th edition of the scholarships awarded to Ukrainian students attending Adam Mickiewicz University, Poznań.
46.	may 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops on ‘entering into adult life’ for children from orphanages, care and educational centres in Oborniki Śląskie.
47.	June 2019	Conference organised by the Faculty of Human Nutrition and Consumer Sciences of the Warsaw University of Life Sciences (SGGW) in Warsaw, entitled: “Nutritional education – fashion or necessity”	“Nutritional education in the Yellow Plate programme” lecture delivered by the Kulczyk Foundation.
48.	June 2019	Workshops for coordinators of the Yellow Plate programme entitled: “Reading labels”	Organisation of six workshops aimed at increasing consumer awareness, including clarifying information on food packaging labels. The workshop was attended by coordinators from all over Poland.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
49.	June 2019	Educational and culinary workshops for children entitled: “Legumes”	Two workshops promoting the idea and principles of healthy nutrition. Their aim was to teach about cereal products, principles of proper nutrition, as well as to discover varied flavours. These workshops were attended by children participating in the Yellow Plate programme.
50.	June 2019	“116 111 Helpline for Children and Youth” and “Instead of Hate” – prevention workshops	A series of prevention workshops for youth carried out in the Domino Effect Workshop in cooperation with the Fundacja Dajemy Dzieciom Siłę (We Give Strength to Children Foundation) – searching for solutions and coping with difficult situations, including violence online.
51.	June 2019	“Empathy in teachers’ professional work”	A series of free development workshops for teachers – edition II. The third meeting of the series in the Domino Effect Workshop.
52.	June 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops on ‘entering into adult life’ for children from orphanages, care and educational centres in Zawiercie.
53.	June 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops on ‘entering into adult life’ for children from orphanages, care and educational centres in Kutno.
54.	June 2019	“Usamodzielnieni” (“Self-Dependent”) workshops	Workshops on ‘entering into adult life’ for children from orphanages, care and educational centres in Otorowo, Szamotuły and Lipnica.
55.	July 2019	Holidays in the Domino Effect Workshop	Organisation of two culinary workshops for children and youth. Through cooking together, we encouraged people to explore new products and flavours. Workshops were attended by children participating in the Yellow Plate programme.
56.	August 2019	Signing the contract for the implementation of the Yellow Plate programme with the Friends of Children Society (Towarzystwo Przyjaciół Dzieci)	4th edition of the Yellow Plate programme, supporting 87 institutions with a comprehensive child nutrition system.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
57.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with the SOS Children's Villages Association in Poland	4th edition of the Yellow Plate programme, supporting 16 institutions with a comprehensive child nutrition system.
58.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Warsaw-Praga	4th edition of the Yellow Plate programme, supporting four institutions with a comprehensive child nutrition system.
59.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Drohiczyn	4th edition of the Yellow Plate programme, supporting nine institutions with a comprehensive child nutrition system.
60.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with the Polish Red Cross	4th edition of the Yellow Plate programme, supporting 15 institutions with a comprehensive child nutrition system.
61.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Archdiocese of Kraków	4th edition of the Yellow Plate programme, supporting four institutions with a comprehensive child nutrition system.
62.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Toruń	4th edition of the Yellow Plate programme, supporting four institutions with a comprehensive child nutrition system.
63.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Archdiocese of Katowice	4th edition of the Yellow Plate programme, supporting four institutions with a comprehensive child nutrition system.
64.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Kielce	4th edition of the Yellow Plate programme, supporting eight institutions with a comprehensive child nutrition system.
65.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Archdiocese of Gdańsk	4th edition of the Yellow Plate programme, supporting six institutions with a comprehensive child nutrition system.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
66.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas Poznań	4th edition of the Yellow Plate programme, supporting six institutions with a comprehensive child nutrition system.
67.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Archdiocese of Szczecin-Kamień	4th edition of the Yellow Plate programme, supporting 10 institutions with a comprehensive child nutrition system.
68.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Archdiocese of Gniezno	4th edition of the Yellow Plate programme, supporting five institutions with a comprehensive child nutrition system.
69.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Radom	4th edition of the Yellow Plate programme, supporting five institutions with a comprehensive child nutrition system.
70.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Archdiocese of Łódź	4th edition of the Yellow Plate programme, supporting two institutions with a comprehensive child nutrition system.
71.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Siedlce	4th edition of the Yellow Plate programme, supporting three institutions with a comprehensive child nutrition system.
72.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Łomża	4th edition of the Yellow Plate programme, supporting one institution with a comprehensive child nutrition system.
73.	august 2019	Signing the contract for the implementation of the Yellow Plate programme with Caritas of the Diocese of Koszalin-Kołobrzeg	4th edition of the Yellow Plate programme, supporting five institutions with a comprehensive child nutrition system.
74.	september 2019	The Yellow Plate programme on "36,6"	Broadcast of an episode devoted to healthy eating on the Polish TV station TVN. Broadcast from the primary school in Miłakowo, where the Yellow Plate programme is being carried out.

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NO.	DATE	EVENT	DESCRIPTION
75.	september 2019	Signing the contract for the implementation of the Yellow Plate programme with individual schools/ community centres	4th edition of the Yellow Plate programme, supporting 93 institutions with a comprehensive child nutrition system.
76.	september 2019	The Yellow Plate programme on "36,6"	Broadcast of an episode devoted to healthy eating on Polish TV station TVN. Cooking together with Jan Kuroń.
77.	september 2019	"Usamodzielnieni" ("Self-Dependent") workshops	Workshops on 'entering into adult life' for children from orphanages, care and educational centres in Żary and Szprotawa.
78.	october 2019	Publication of healthy eating plans for preschools and primary schools – part II	Lesson plans published as part of the educational activities of the Yellow Plate programme. Mrs Wanda's Travels: educational materials on children's drinks.
79.	october 2019	The Yellow Plate programme on "36,6"	Broadcast of an episode devoted to healthy eating on Polish TV station TVN. Cooking together in the Domino Effect Workshop together with Dominika Kulczyk, Ewa Drzyzga and Michel Moran.
80.	october 2019	"Latające Plecaczki" ("Flying Backpacks") conference	"A child in the modern world – different opportunities, equal opportunities" presentation during a conference organised at Professor Bogusław Molski Primary School No. 340 in Warsaw.
81.	october 2019	Supervision for teachers	A series of supervision meetings for teachers – participants of the "Empathy in teachers' professional work" workshop.
82.	october 2019	Publication the "Domino Effect. Teaching materials"	Creation of educational materials for the age groups 3-6, 6-9, 10-15, +15 under the patronage of the Ombudsman.
83.	october 2019	"Usamodzielnieni" ("Self-Dependent") workshops	Workshops on 'entering into adult life' for children from orphanages, care and educational centres in Zamość, Zwierzyniec and Nowa Sarzyna.
84.	november 2019	Publication of healthy eating lesson plans for preschools and primary schools – part III	Publishing of teaching plans as part of the Yellow Plate programme educational activities. Mrs Wanda's Travels: educational materials about what children should drink.

LIST OF ACTIVITIES

NO.	DATE	EVENT	DESCRIPTION
85.	november 2019	Debate and press meeting entitled "What does the child nutrition system look like in Polish schools? How can it be changed for the better? The role of nutrition education"	Debate on nutrition quality in Polish schools and the need for systemic changes in this area with the participation of experts from the Warsaw University of Life Sciences (SGGW), school heads and representatives of educational institutions.
86.	november 2019	Educational and culinary workshops for children entitled "Travels with Mrs Wanda"	Organisation of four educational and culinary workshops based on the published "Taste Health" lesson plan. Children were invited on a Journey with Mrs Wanda's Healthy Food Truck.
87.	november 2019	"Poznajmy się" ("Let's get to know each other") competition	Participation in the finals of the "Poznajmy się" ("Let's get to know each other") competition, including awarding winners of the competition by the Kulczyk Foundation to the winners.
88.	november 2019	International Children's Rights Day	Information campaign launched on the 30th anniversary of the Convention on the Rights of the Child (brochure and poster).
89.	november 2019	"Usamodzielnieni" ("Self-Dependent") workshops	Workshops on 'entering into adult life' for children from orphanages, care and educational centres in Warsaw, Równe and Pęchery.
90.	november 2019	Culinary workshops for children entitled: "Tastes of Autumn"	Organisation of three culinary workshops, during which we proved that cooking together is both fun and an opportunity to expand knowledge of healthy eating.
91.	december 2019	Gingerbread baking workshops with the Toruń Gingerbread Museum	Workshops organised in the Domino Effect Workshop, attended by nearly 400 children from institutions participating in the 4th edition of the Yellow Plate Program. It was a time of fun and integration that put children in a festive mood.
92.	december 2019	"Empathy in teachers' professional work"	A series of free development workshops for teachers – edition III. The first meeting of the series in the Domino Effect Workshop.
93.	december 2019	Workshops: Congress of the Self-Dependent workshops	Leaders from 10 centres participating in the "Usamodzielnieni" ("Self-Dependent") workshops met at the Domino Effect Workshop.



