

REPORT ON THE OPINION POLL: ACCESS TO MENSTRUAL PRODUCTS IN SCHOOLS

conducted for the Kulczyk Foundation by Kantar Public



KANTAR PUBLIC

December 2022

OPINION POLL: ACCESS TO MENSTRUAL PRODUCTS IN SCHOOLS

Lack of access to menstrual hygiene products is a social issue that is coming under increasing discussion, and rightly so, as it is a problem that affects those who menstruate.

The fight against menstrual exclusion has been publicised by NGOs and civil associations to help protect the health and equality of Polish women.



Two-thirds of the survey respondents have experienced a lack of access to products such as sanitary pads/tampons in school during menstruation.



Nearly two-thirds of the respondents believe that menstrual products should be available for free in schools.



**DIFFICULTIES ACCESSING
MENSTRUAL PRODUCTS
IN SCHOOLS**

ABOUT



Purpose of the survey: to learn more about the difficulties that women – students, faculty, and staff – have in accessing menstrual products while in school



Date: 14–20 December 2022



Sample: nationwide, representative sample of 1,000 women aged 18–45



Technique: computer-assisted web interviewing (CAWI)

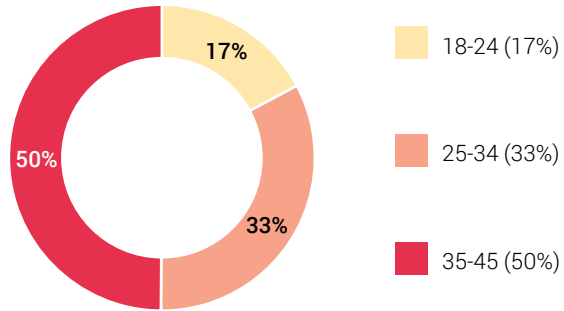
Details of report

All results shown on the charts are percentage figures. Percentage figures are rounded to the nearest whole number. Consequently, in some cases the rounded percentages may not add up to 100%.

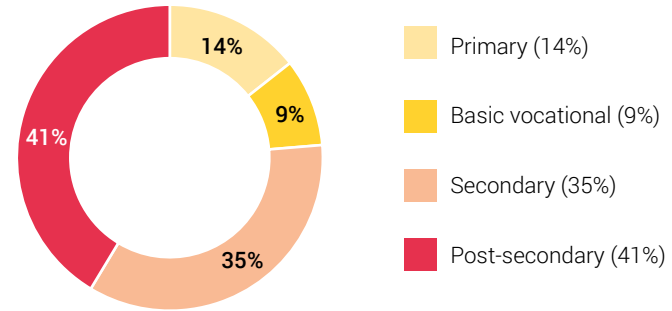
INFORMATION ABOUT RESPONDENTS



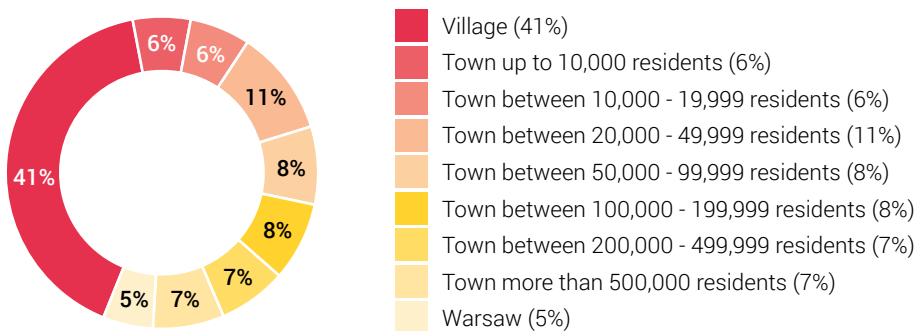
Age



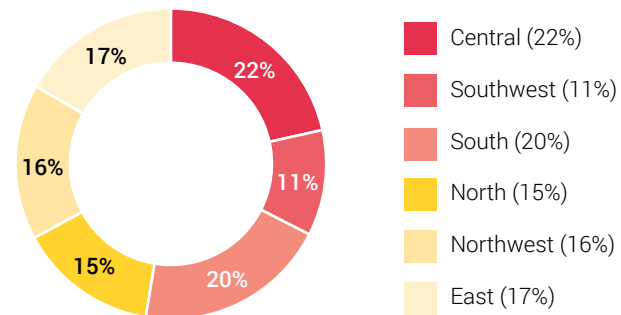
Education



Place of residence



Region



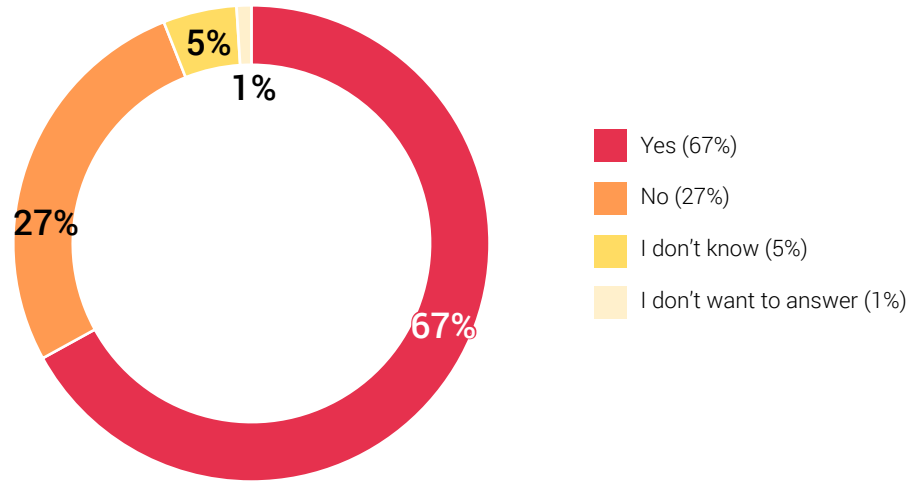
A person is sitting on concrete steps, wearing a light-colored, ribbed, short-sleeved top and blue jeans. They have their arms crossed. A white shoulder bag is on their left. In front of them on the steps are several books, a white coffee cup with a lid, and a yellow sticky note. The background is a plain concrete wall.

67%

**of the respondents admit
that while in school they have experienced
a lack of access to sanitary pads/tampons
during menstruation**

ACCESS TO FREE MENSTRUAL PRODUCTS IN SCHOOLS

Have you ever experienced a lack of access to sanitary pads/tampons while in school when you were on your period?



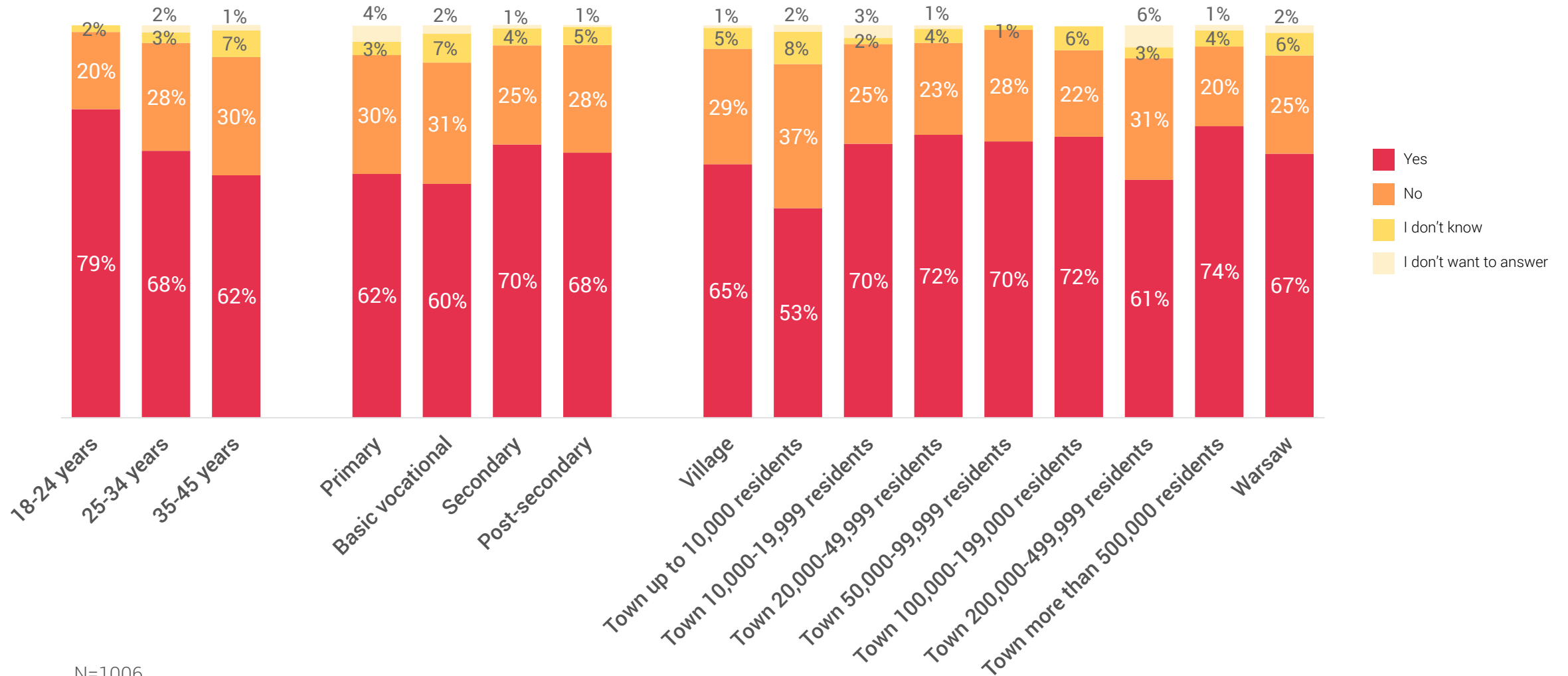
The majority of respondents (67%) admit that they have experienced a situation when they did not have access to menstrual products in school during menstruation.

Over a quarter of the respondents answered this question in the negative (27%), while 6% answered 'I don't know' or 'I don't want to answer'.

Younger respondents were more likely to not have access to sanitary pads/tampons in school during menstruation (79% of 18–24-year-olds, 68% of 25–34-year-olds and 62% of 35-45-year-olds).

N=1006

ACCESS TO FREE MENSTRUAL PRODUCTS IN SCHOOLS: DEMOGRAPHIC PROFILE OF ANSWERS



N=1006

3

**OPINIONS OF POLISH CITIZENS
ON ACCESS TO MENSTRUAL
PRODUCTS IN SCHOOLS**

ABOUT



Purpose of the survey: to find out what Polish citizens think about free access to menstrual products in schools



Date: 15–19 December 2022



Sample: representative nationwide sample of 1,000 Poles aged 18+



Technique: computer-assisted telephone interviewing (CATI)

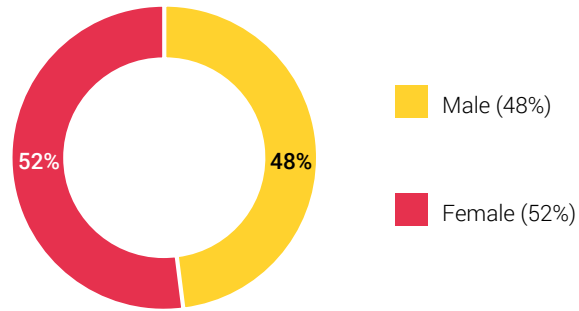
Details of report

All results shown on the charts are percentage figures. Percentage figures are rounded to the nearest whole number. Consequently, in some cases the rounded percentages may not add up to 100%.

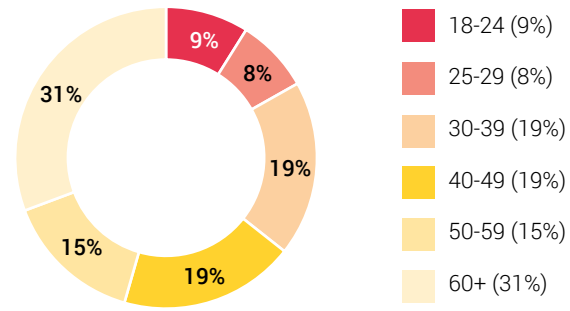
INFORMATION ABOUT RESPONDENTS



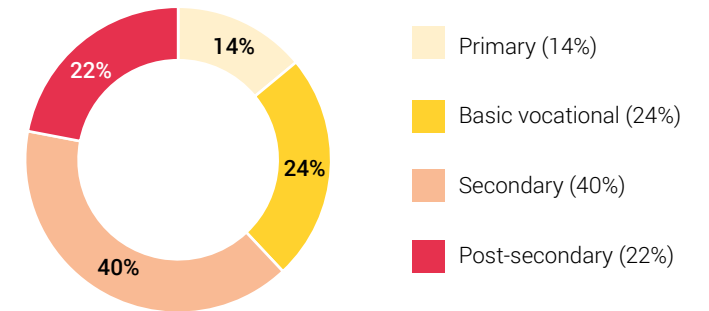
Gender



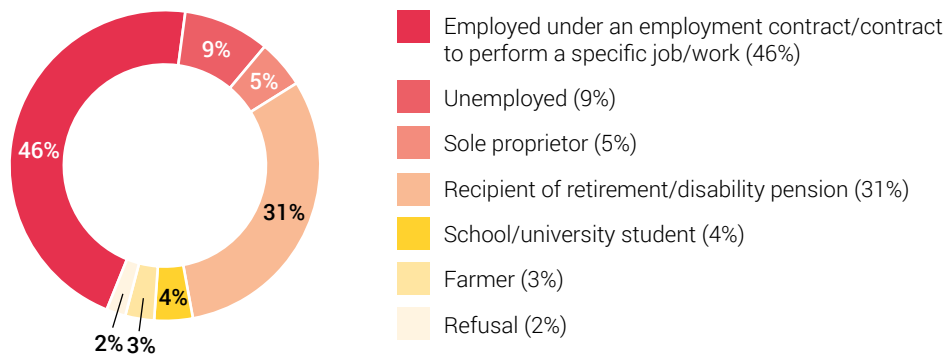
Age



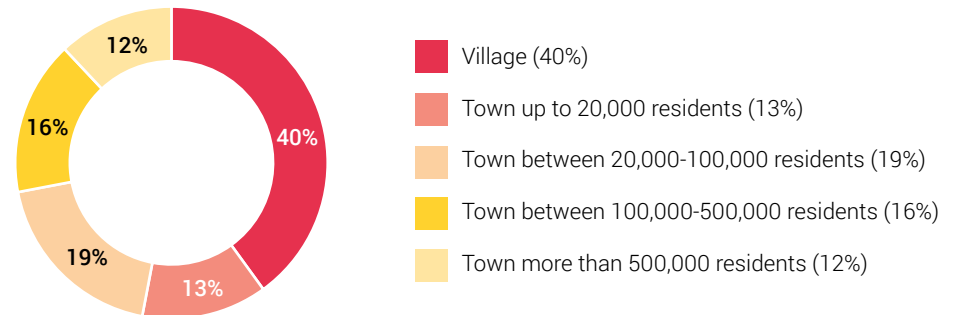
Education



Professional status



Place of residence



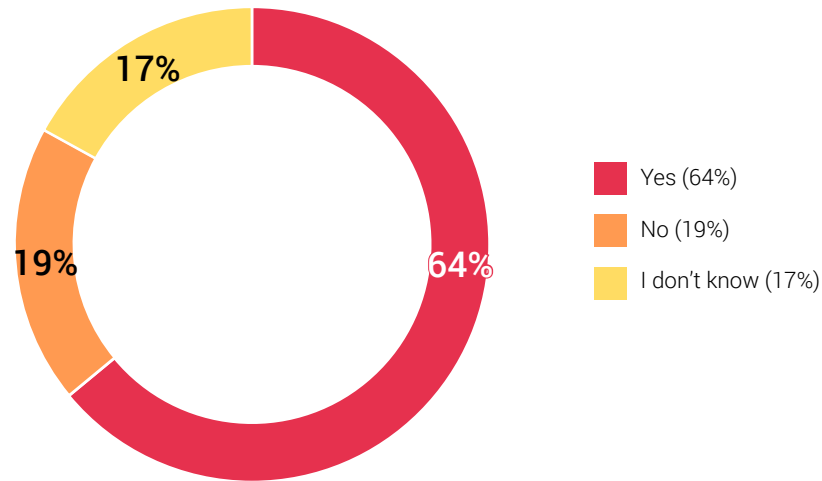


64%

**of the respondents think that
menstrual products should be available for free
in schools**

ACCESS TO FREE MENSTRUAL PRODUCTS IN SCHOOLS

Do you think that menstrual products should be available for free in schools?



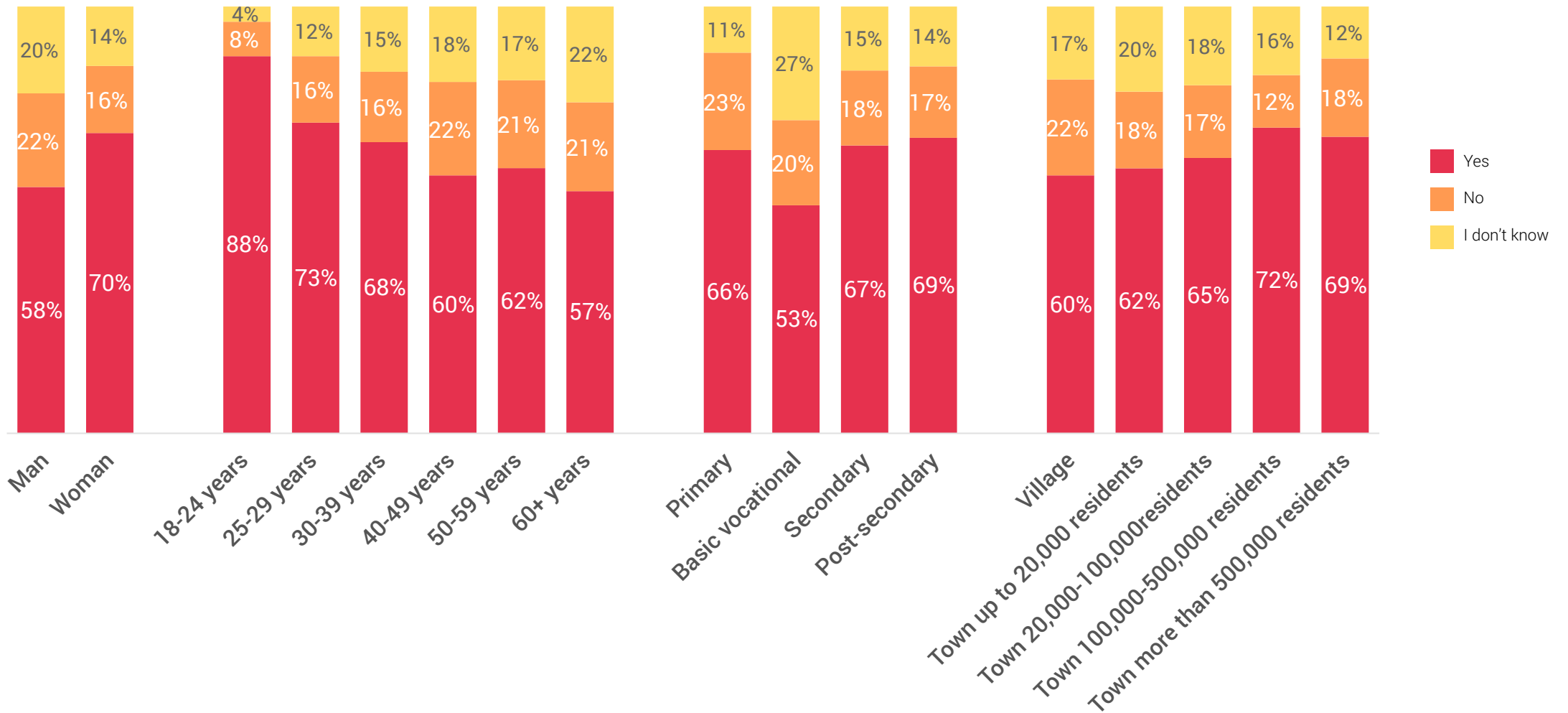
The majority of respondents (64%) believe that menstrual products should be available for free in schools. One in five respondents (19%) thought otherwise. 17% were unable to answer this question.

Women (70% vs 58% men), younger respondents (88% aged 18–24 vs 57% aged 60+) and respondents whose monthly net income is below PLN 1,000 (83%) were more likely to support free access to menstrual hygiene products in schools.

Neither the education level nor the place of residence of the respondents made a statistically significant difference.

N=1000

ACCESS TO FREE MENSTRUAL PRODUCTS IN SCHOOLS: DEMOGRAPHIC PROFILE OF ANSWERS



N=1000



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