

















## “MY STRENGTHS” WORK CARD

STATEMENT	STUDENT'S RESPONSE	POTENTIAL STRENGTH
1. I have a lot of ideas that I like to put into practice.		creativity/ingenuity
2. I have a lot of ideas that I share with other people.		creativity/ingenuity
3. I quickly remember new information, e.g. during a lesson.		good memory
4. I quickly memorise poems or song lyrics.		good memory
5. I like my works of art, such as drawings.		artistic skills
6. I make building block constructions of complicated robots or buildings without instruction manuals.		engineering skills
7. I do well when I have to wait for something, even though I would very much like to see that what I am		patience
8. I try to help when I see someone in need of help.		helpfulness
9. I take care of my pet.		caring mind / thoughtfulness / empathy
10. I take care of my younger siblings.		caring mind / thoughtfulness / empathy
11. I can do various mathematical calculations quickly.		mathematical skills
12. I am agile and fast.		dexterity
13. I feel good when I move, e.g. playing football, riding a bike.		physical activity
14. I like learning new skills, e.g. during English lessons, karate classes, art classes.		curiosity
15. I regularly attend classes, such as football or English, even if I don't feel like it.		persistence
16. When I'm interested in something, I devote a lot of time to it and I do so until I'm satisfied with the result.		persistence